



ΠΑΝΕΠΙΣΤΗΜΙΟ ΔΥΤΙΚΗΣ ΑΤΤΙΚΗΣ

Department of Midwifery

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**ΕΡΕΥΝΑ ΓΙΑ ΤΟ ΕΡΓΑΣΙΑΚΟ ΣΤΡΕΣ ΣΤΟ ΙΑΤΡΙΚΟ ΚΑΙ
ΜΑΙΕΥΤΙΚΟ ΠΡΟΣΩΠΙΚΟ ΤΟΥ ΓΕΝΙΚΟΥ ΝΟΣΟΚΟΜΕΙΟΥ
ΗΡΑΚΛΕΙΟΥ ΚΡΗΤΗΣ ΒΕΝΙΖΕΛΕΙΟ.**

ΔΕΣΠΟΙΝΑ ΡΟΥΣΑΚΗ

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ΘΗΝΑ, ΙΟΥΛΙΟΣ 2022



**UNIVERSITY OF WEST ATTICA
SCHOOL
DEPARTMENT**

Diploma Thesis

Title

Research on work stress in the medical and obstetric staff of the general hospital of Heraklion Crete
Venizelio.

Student name and surname:

DESPOINA ROUSAKI

Registration Number: 18031

Supervisorname and surname:

VIVILAKI VIKTORIA

Athens, JULY 2022



ΣΧΟΛΗ:

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**ΕΡΕΥΝΑ ΓΙΑ ΤΟ ΕΡΓΑΣΙΑΚΟ ΣΤΡΕΣ ΣΤΟ ΙΑΤΡΙΚΟ ΚΑΙ ΜΑΙΕΥΤΙΚΟ ΠΡΟΣΩΠΙΚΟ ΤΟΥ ΓΕΝΙΚΟΥ
ΝΟΣΟΚΟΜΕΙΟΥ ΗΡΑΚΛΕΙΟΥ ΚΡΗΤΗΣ ΒΕΝΙΖΕΛΕΙΟ**

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3	ΜΑΡΙΑ ΗΛΙΑΔΟΥ		

ΔΗΛΩΣΗ ΣΥΓΓΡΑΦΕΑ ΠΤΥΧΙΑΚΗΣ/ΔΙΠΛΩΜΑΤΙΚΗΣ ΕΡΓΑΣΙΑΣ

Η κάτωθι υπογεγραμμένη Ρουσάκη Δέσποινα του Γεωργίου, με αριθμό μητρώου 18031 φοιτήτρια του Πανεπιστημίου Δυτικής Αττικής της Σχολής ΣΕΥΠ του Τμήματος Μαιευτικής, δηλώνω υπεύθυνα ότι:

«Είμαι συγγραφέας αυτής της μεταπτυχιακής εργασίας και ότι κάθε βοήθεια την οποία είχα για την προετοιμασία της είναι πλήρως αναγνωρισμένη και αναφέρεται στην εργασία.

Επίσης, οι όποιες πηγές από τις οποίες έκανα χρήση δεδομένων, ιδεών ή λέξεων, είτε ακριβώς είτε παραφρασμένες, αναφέρονται στο σύνολό τους, με πλήρη αναφορά στους συγγραφείς, τον εκδοτικό οίκο ή το περιοδικό, συμπεριλαμβανομένων και των πηγών που ενδεχομένως χρησιμοποιήθηκαν από το διαδίκτυο.

Επίσης, βεβαιώνω ότι αυτή η εργασία έχει συγγραφεί από εμένα αποκλειστικά και αποτελεί προϊόν πνευματικής ιδιοκτησίας τόσο δικής μου, όσο και του Ιδρύματος.

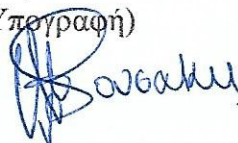
Παράβαση της ανωτέρω ακαδημαϊκής μου ευθύνης αποτελεί ουσιώδη λόγο για την ανάκληση του πτυχίου μου».

**Επιθυμώ την απαγόρευση πρόσβασης στο πλήρες κείμενο της εργασίας μου μέχρι 6 μήνες και έπειτα από αίτηση μου στη Βιβλιοθήκη και έγκριση του επιβλέποντα καθηγητή*

Η Δηλούσα

*** Ονοματεπώνυμο /Ιδιότητα**

Ρουσάκη Δέσποινα/ Μαία
(Υπογραφή)



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ABSTRACT

The present work deals with work stress in medical and obstetric staff. Initially , work refers to the concept of stress and especially to work stress , where the causes of work stress and the consequences of work stress on employees and their performance are reported. also mentions stress in the field of health and mentions the consequences of work stress of health professionals. In the second part of the work , research is carried out in order to investigate the level of work stress in the medical and obstetric staff of the General Hospital of Heraklion , Crete Venizelio. Specifically , the research investigates whether the medical and obstetric staff of the General Hospital of Heraklion ,Venizelio , are experiencing stress , and specifically which team (doctors or midwives) seems to experience more stress , if the medical and obstetric staff of the General Hospital of Heraklion , Crete bad feelings and situations (depression , insomnia , feelings of helplessness , etc.); There is a difference between the two groups (doctors - midwives) and which group (doctors or midwives) seems to experience these bad feelings and situations to a greater extent. The results show that medical and obstetric staff often experience work stress with obstetric staff occurring more often. It was also found that the medical and obstetric staff experience some negative emotions and situations but not to a large extent with the obstetric staff again showing slightly higher rates in these bad emotions and situations.

Keywords: stress , work stress , medical staff , obstetric staff

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ABSTRACT	5
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3:	35
3.1	35
3.2	μ	35
3.3 μ	36
3.4 μ	37
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4.1	39
4.1.1	μ	39
4.1.2	49
4.2	123
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2:	40
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7:	μ / ;.....	46
8:	μ	47
9: " " ;.....	49
10: μ , μ μ ;.....	50
11:	μ ;..... ,	52
12: ;.....	53
13: " " ;.....	55
14:	μ μ ;.....	56
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(AfsanehNahavandietal 2015).

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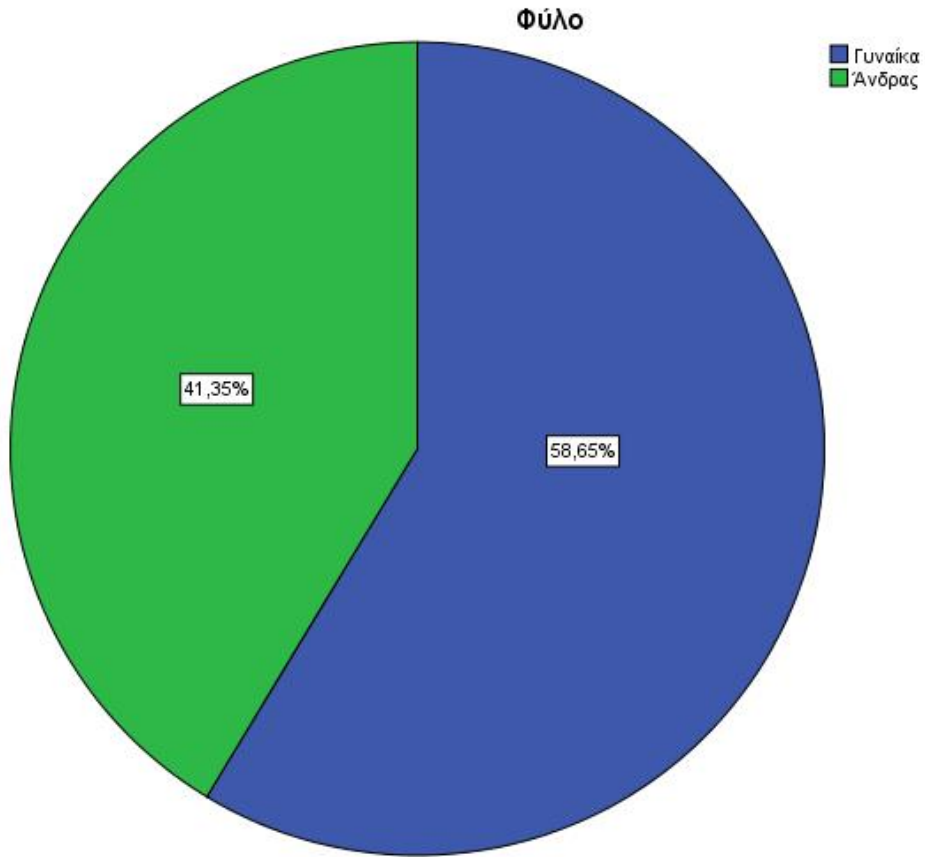
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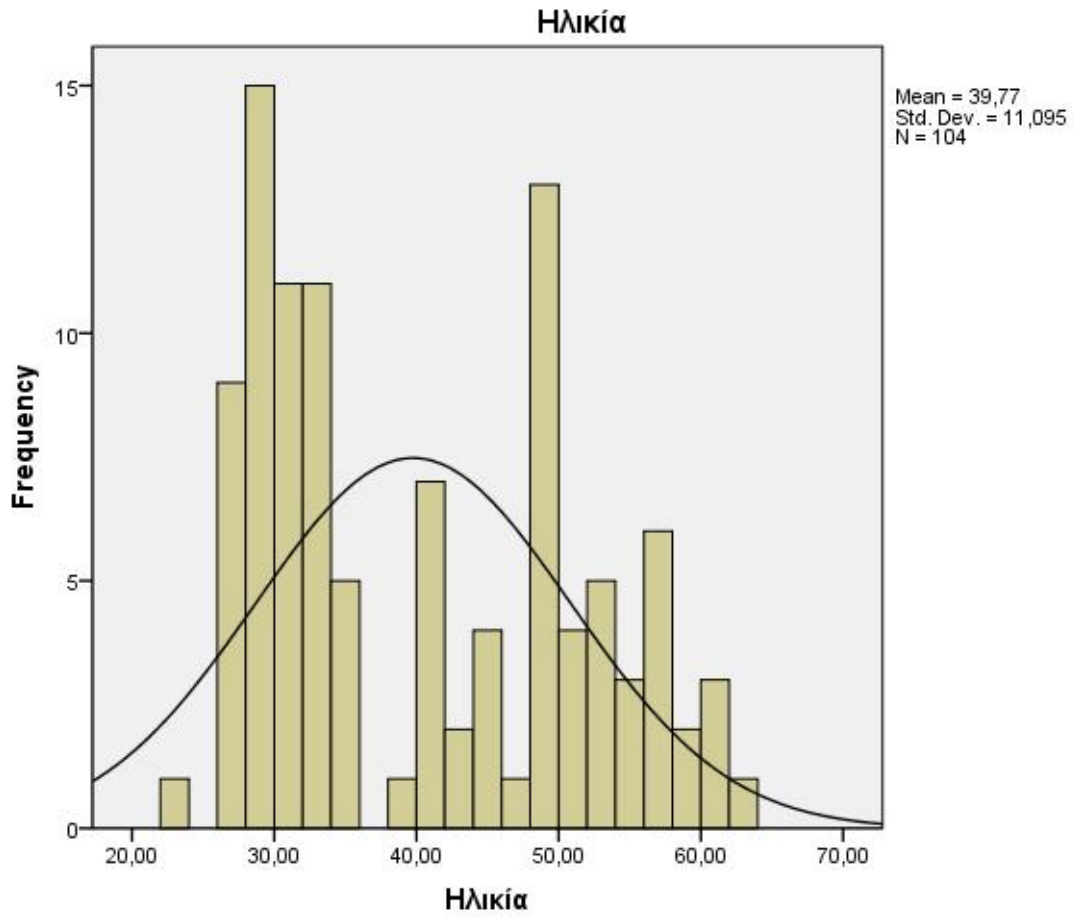
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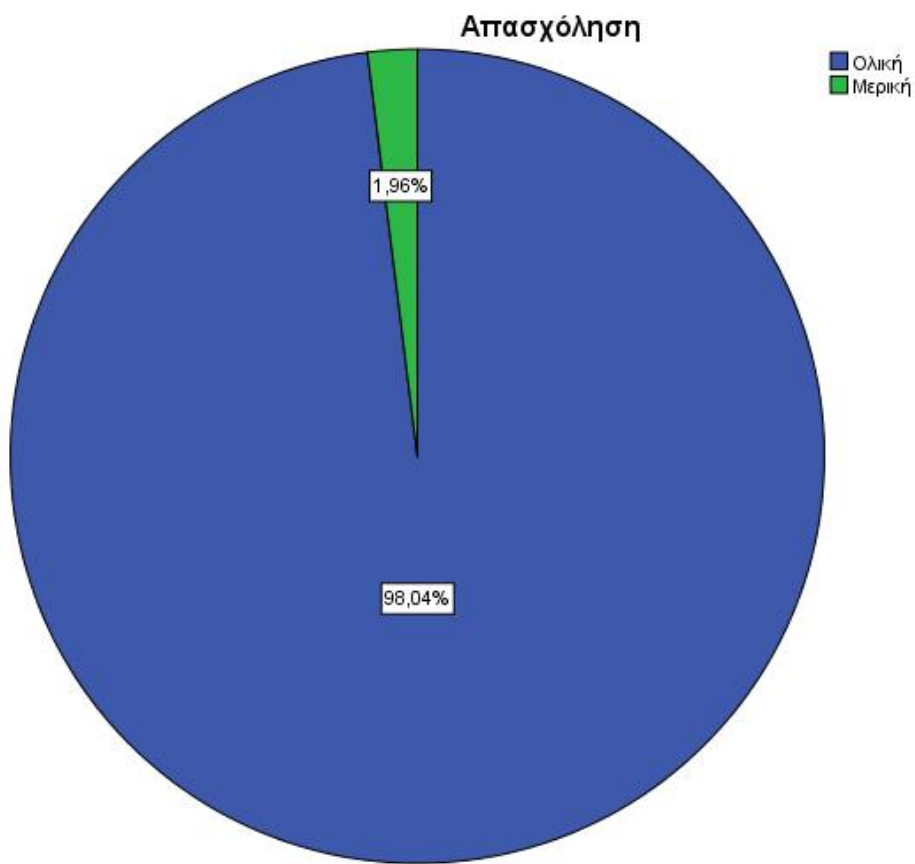
3:

	100	96,2	98,0	98,0

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	2	1,9	2,0	100,0
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13,3 (± 10,92)

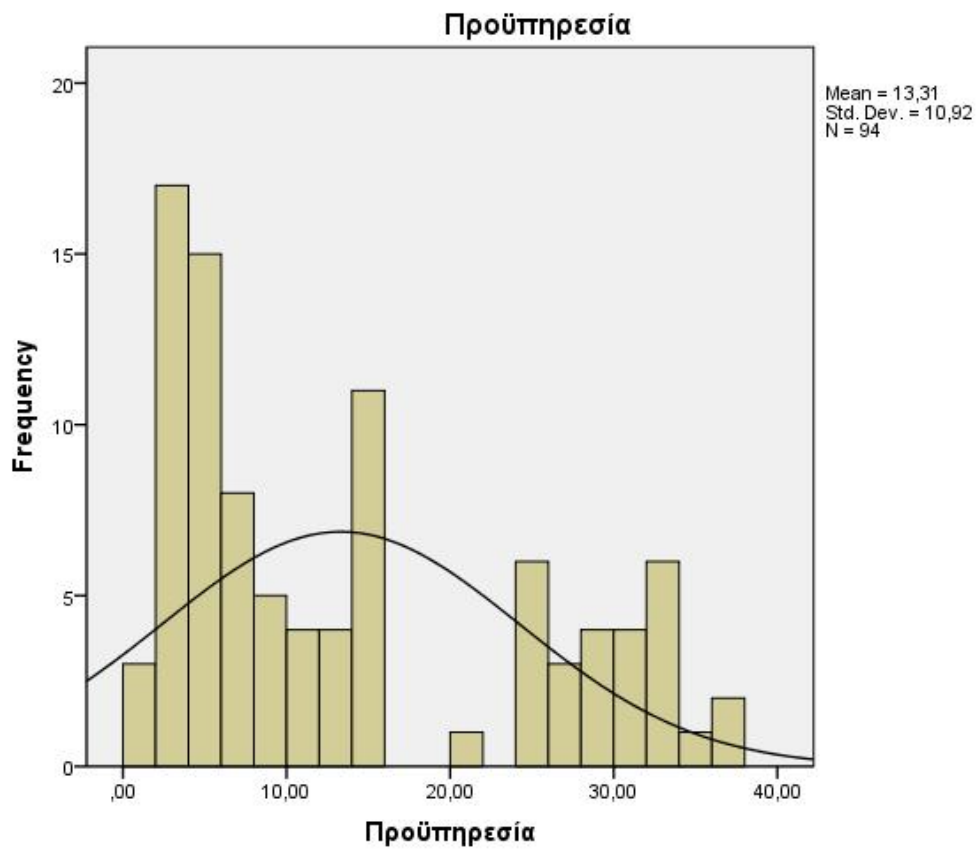
36 .

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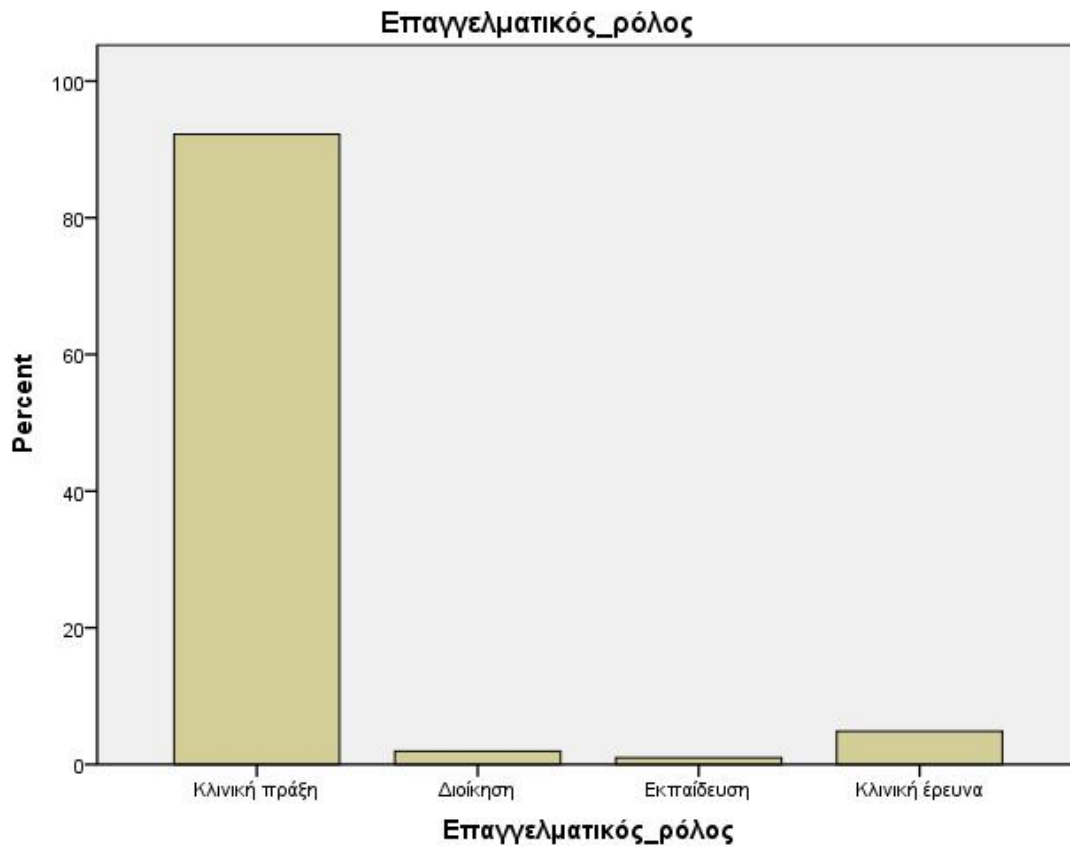
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	95	91,3	92,2	92,2
	2	1,9	1,9	94,2
	1	1,0	1,0	95,1
	5	4,8	4,9	100,0
	103	99,0	100,0	
	1	1,0		
	104	100,0		



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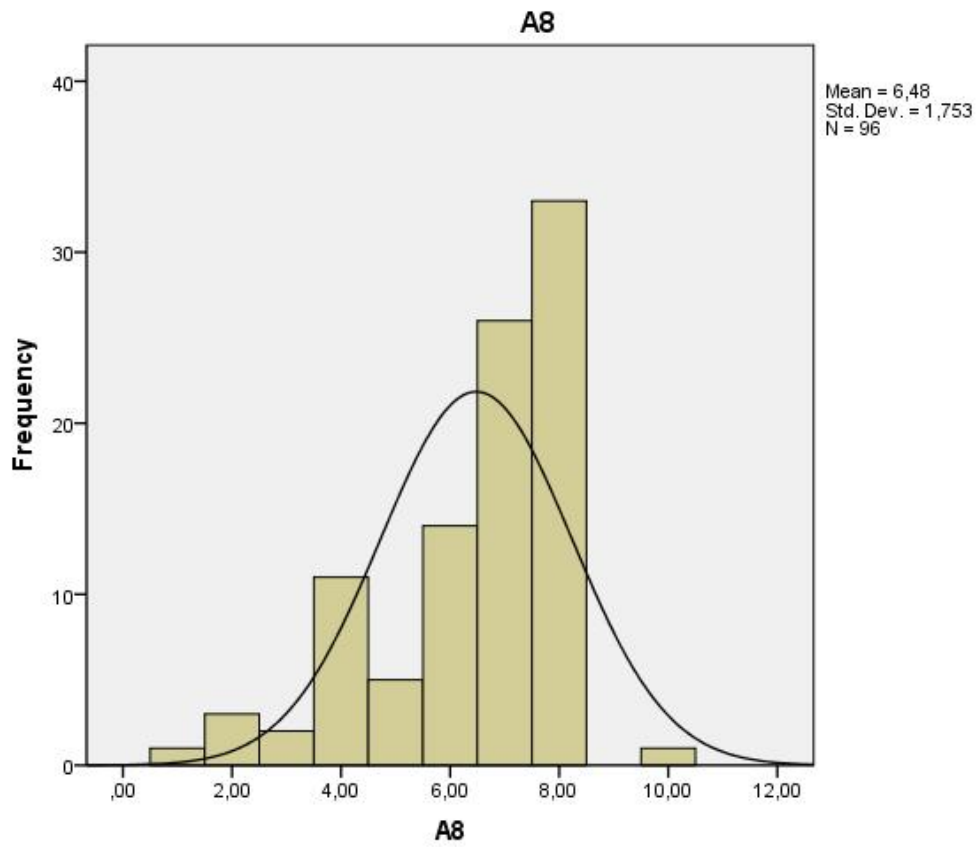
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 $6,4 \mu \quad \mu \quad (\pm 1,75).$

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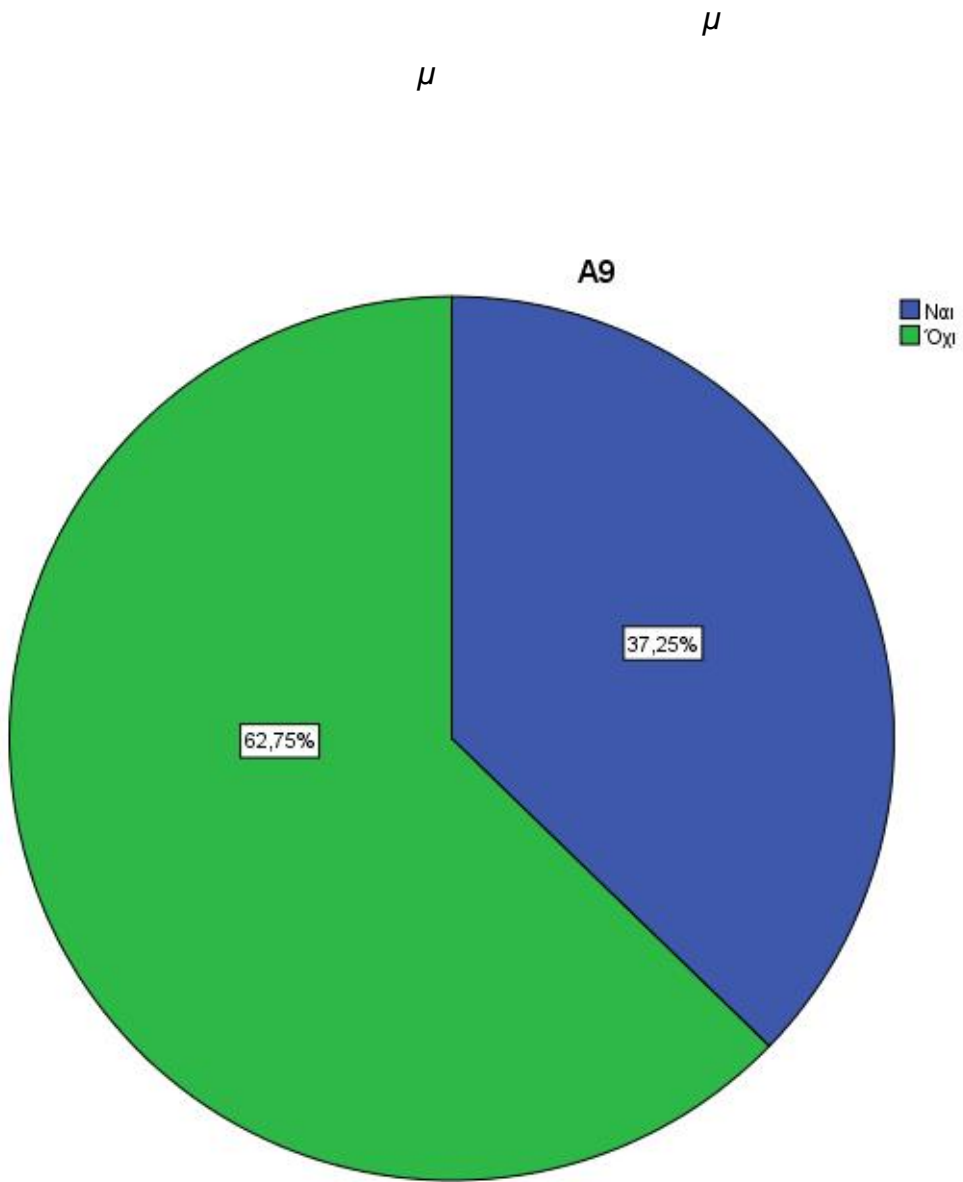
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μ μ μ μ μ
μ μ 62,7%.

7: μ / ;

	38	36,5	37,3	37,3
	64	61,5	62,7	100,0
	102	98,1	100,0	
	2	1,9		
	104	100,0		



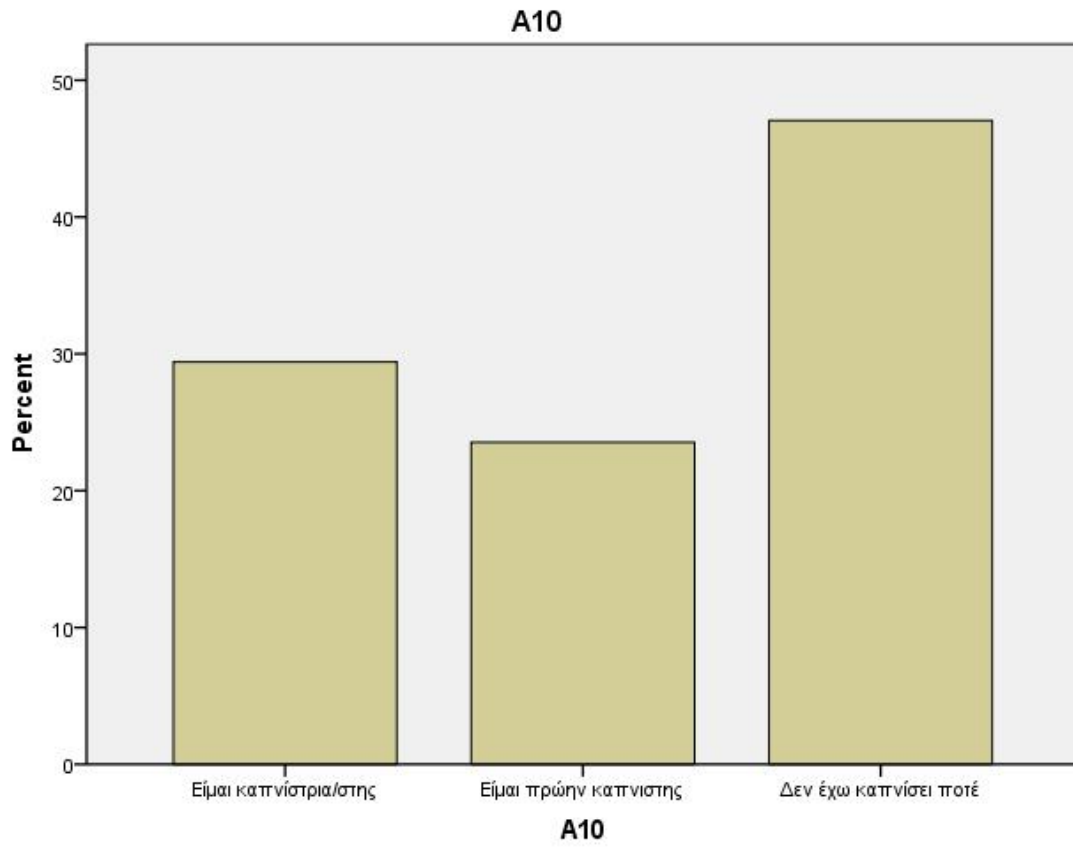
μ 47,1% μμ μ 29,4% μ 23,5%.

8: μ

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μ	/	30	28,8	29,4
μ		24	23,1	23,5
		48	46,2	47,1
		102	98,1	100,0
		2	1,9	
		104	100,0	



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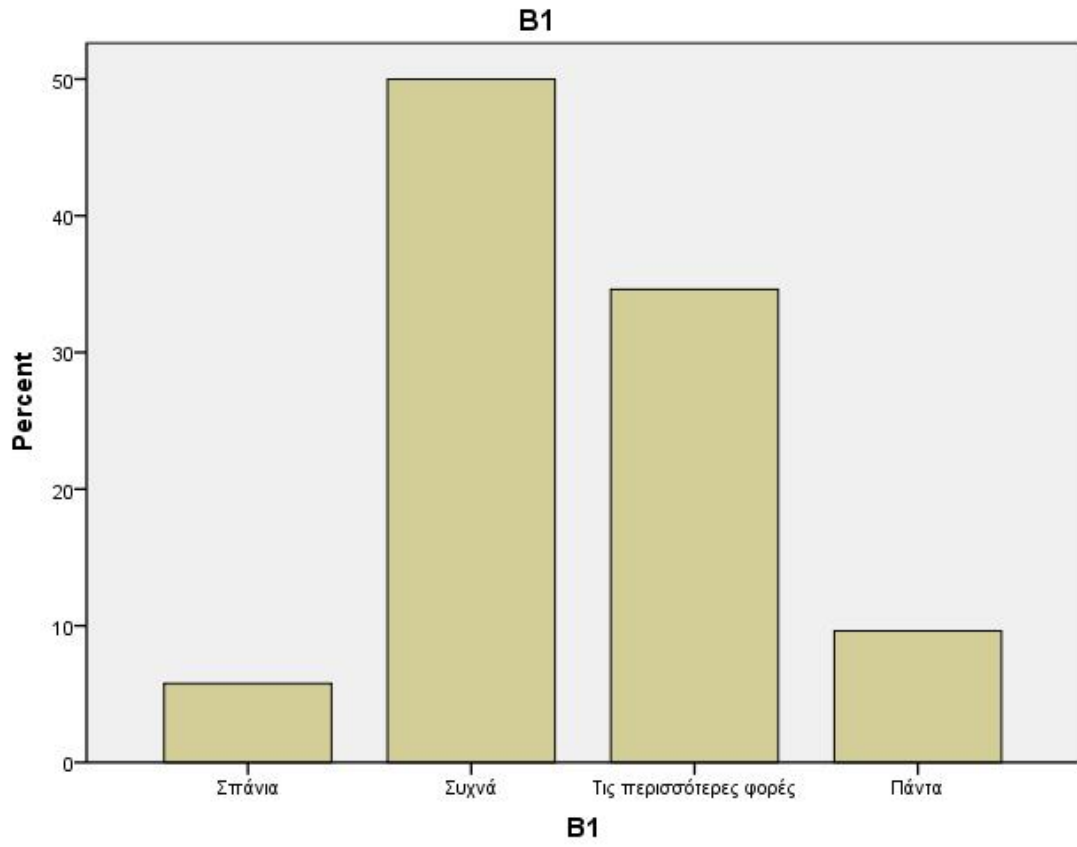
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	6	5,8	5,8	5,8
	52	50,0	50,0	55,8
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	104	100,0	100,0	

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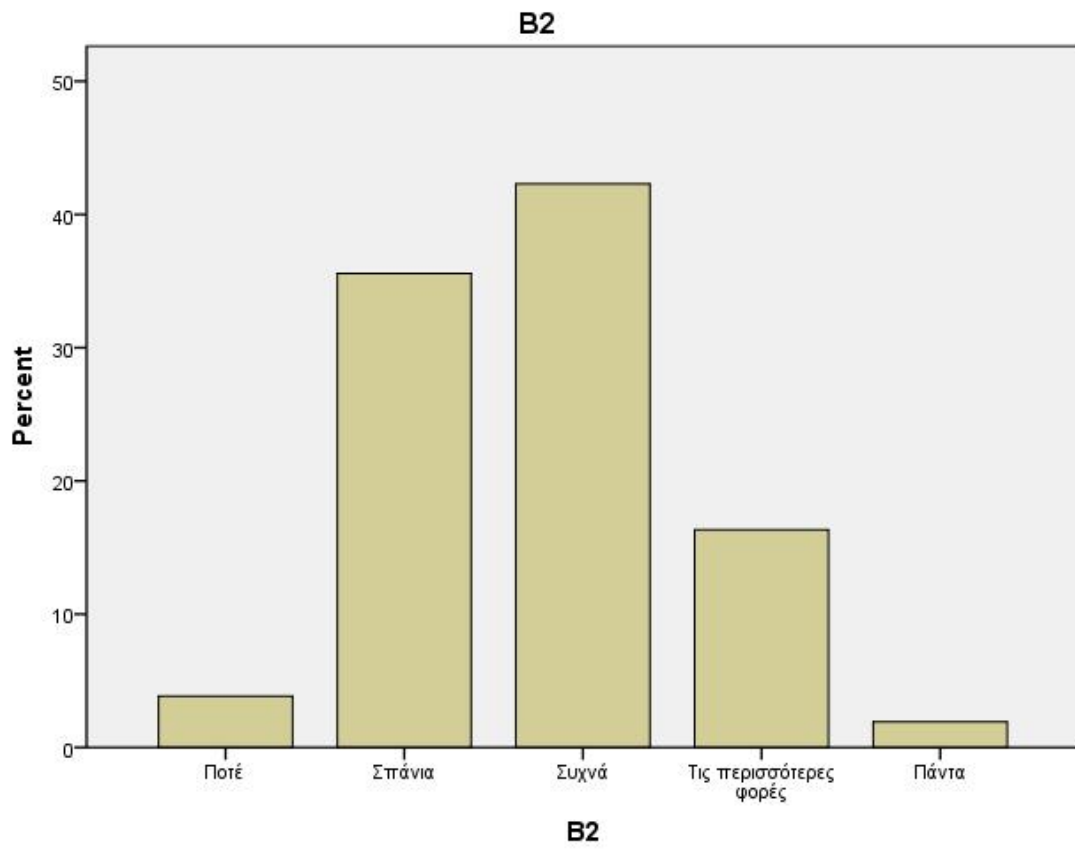
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	4	3,8	3,8	3,8
	37	35,6	35,6	39,4
	44	42,3	42,3	81,7
	17	16,3	16,3	98,1
	2	1,9	1,9	100,0
	104	100,0	100,0	



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59,6%.

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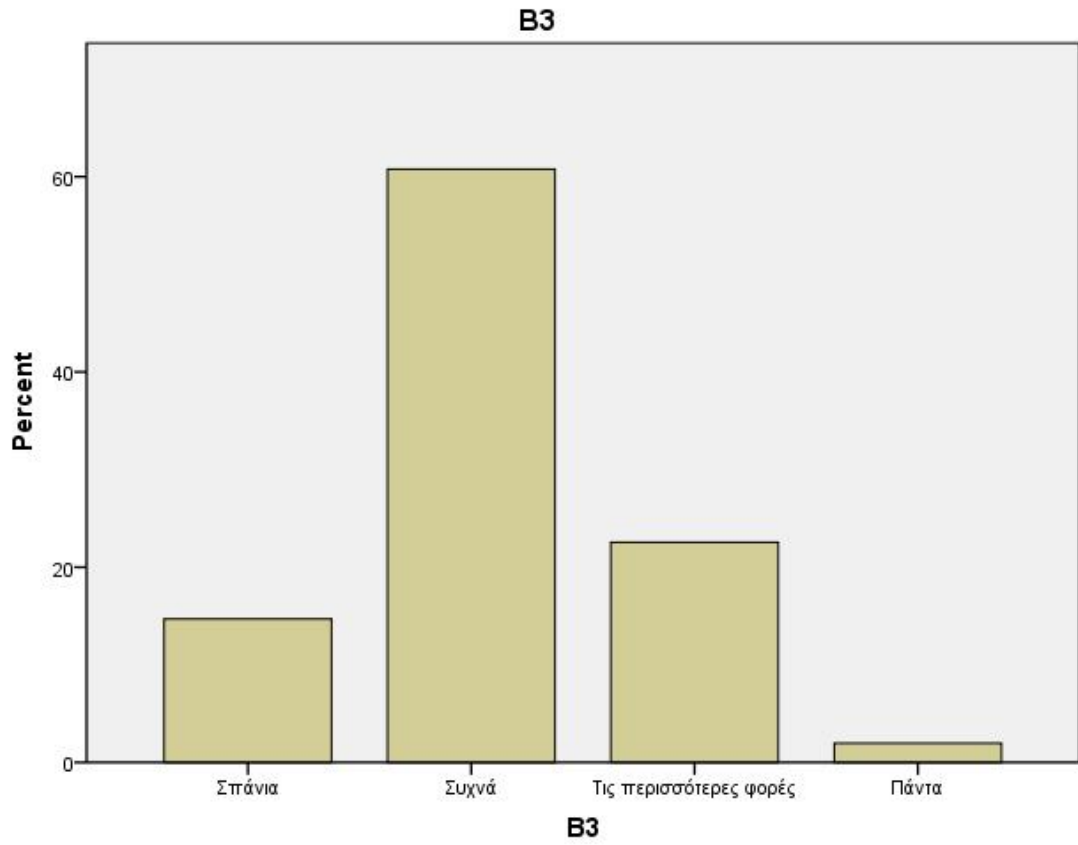
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;

	15	14,4	14,7	14,7
	62	59,6	60,8	75,5
	23	22,1	22,5	98,0
	2	1,9	2,0	100,0
	102	98,1	100,0	
	2	1,9		
	104	100,0		

μ

μ



μ

μμ

μ

μ

49%.

12:

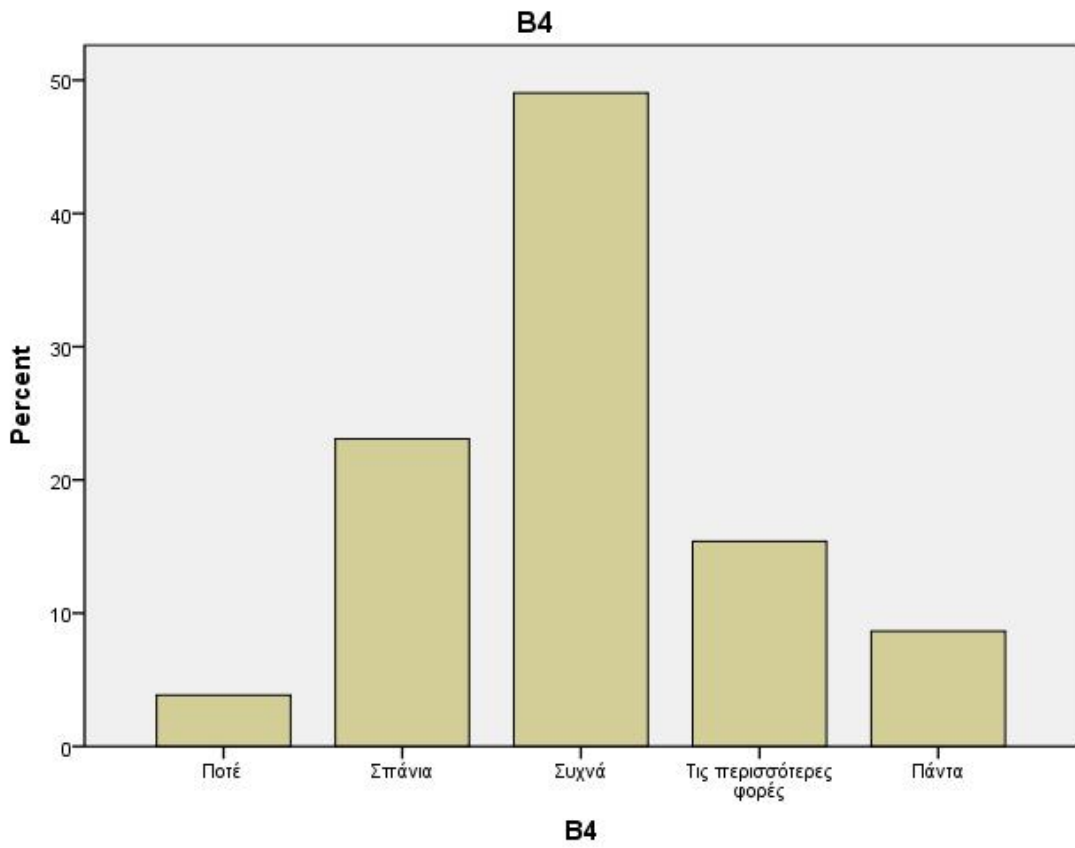
;

	4	3,8	3,8	3,8
	24	23,1	23,1	26,9

μ

μ

	51	49,0	49,0	76,0
	16	15,4	15,4	91,3
	9	8,7	8,7	100,0
	104	100,0	100,0	



μμ
,9%.

μ " " μ 52

μ

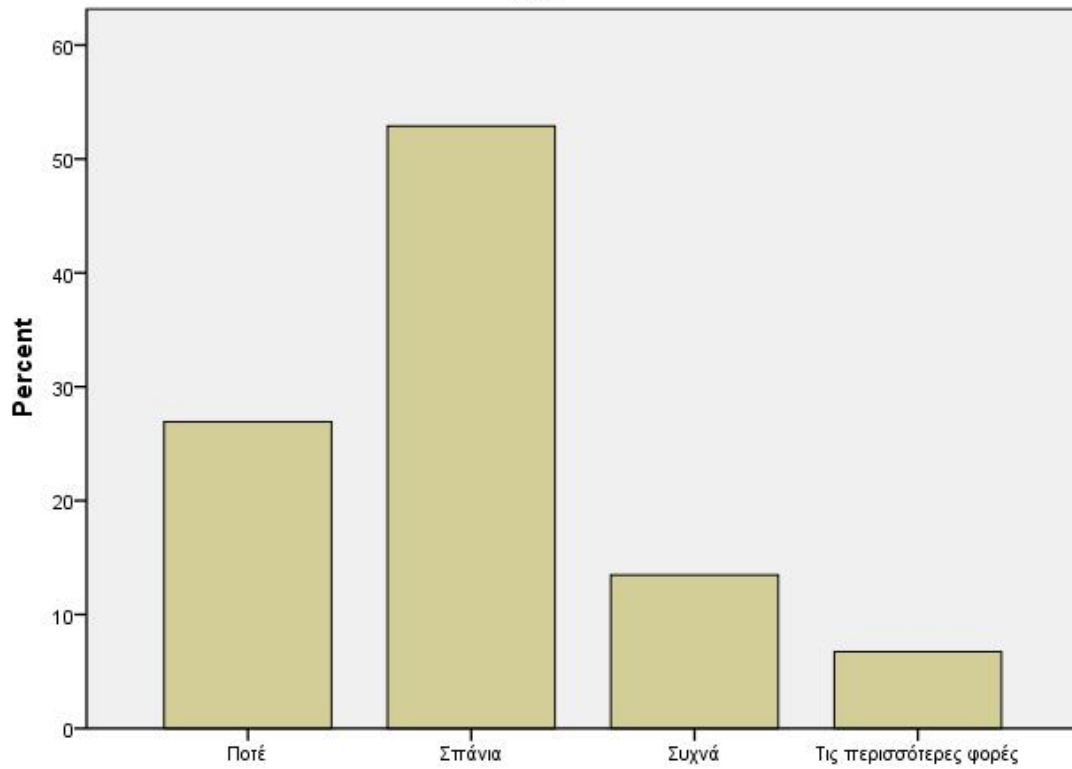
μ

13:

" ;

	28	26,9	26,9	26,9
	55	52,9	52,9	79,8
	14	13,5	13,5	93,3
	7	6,7	6,7	100,0
	104	100,0	100,0	

B5



B5

μ

μ

μ ,

μμ

μ

μ

μ

51 ,9%.

14:

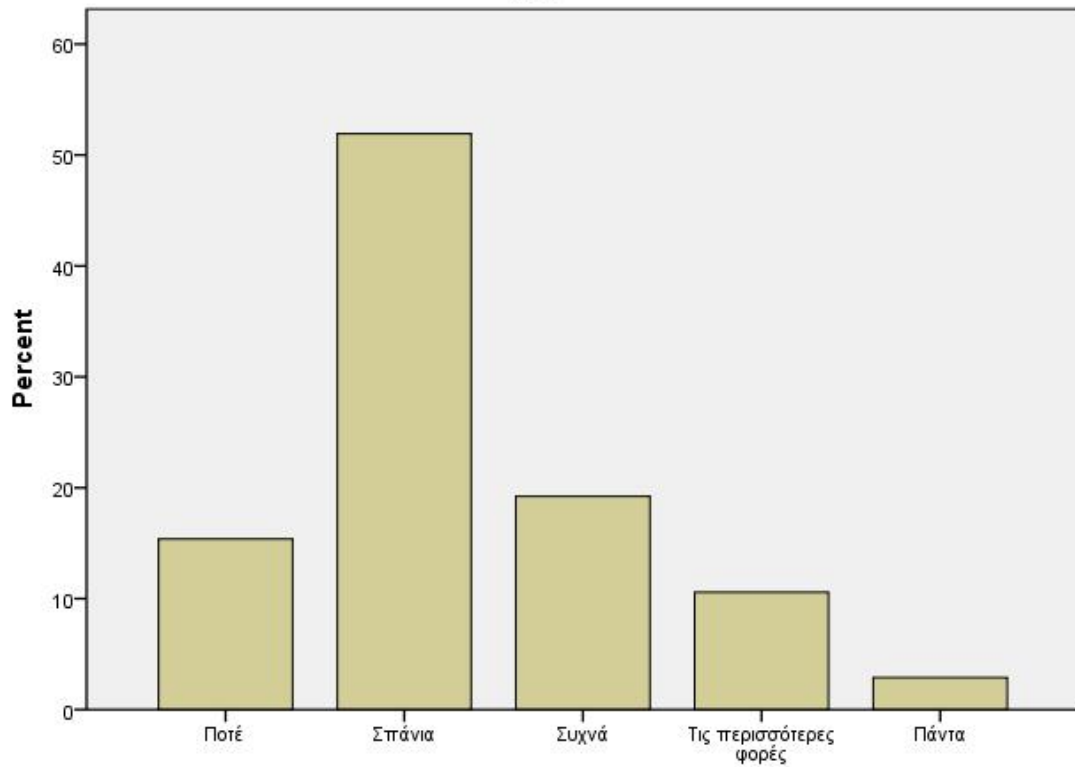
μ

μ

;

	16	15 ,4	15 ,4	15 ,4
	54	51 ,9	51 ,9	67 ,3
	20	19 ,2	19 ,2	86 ,5
	11	10 ,6	10 ,6	97 ,1
	3	2 ,9	2 ,9	100 ,0
	104	100 ,0	100 ,0	

B6



B6

μ

μ

μ

μ

μ

55,8%

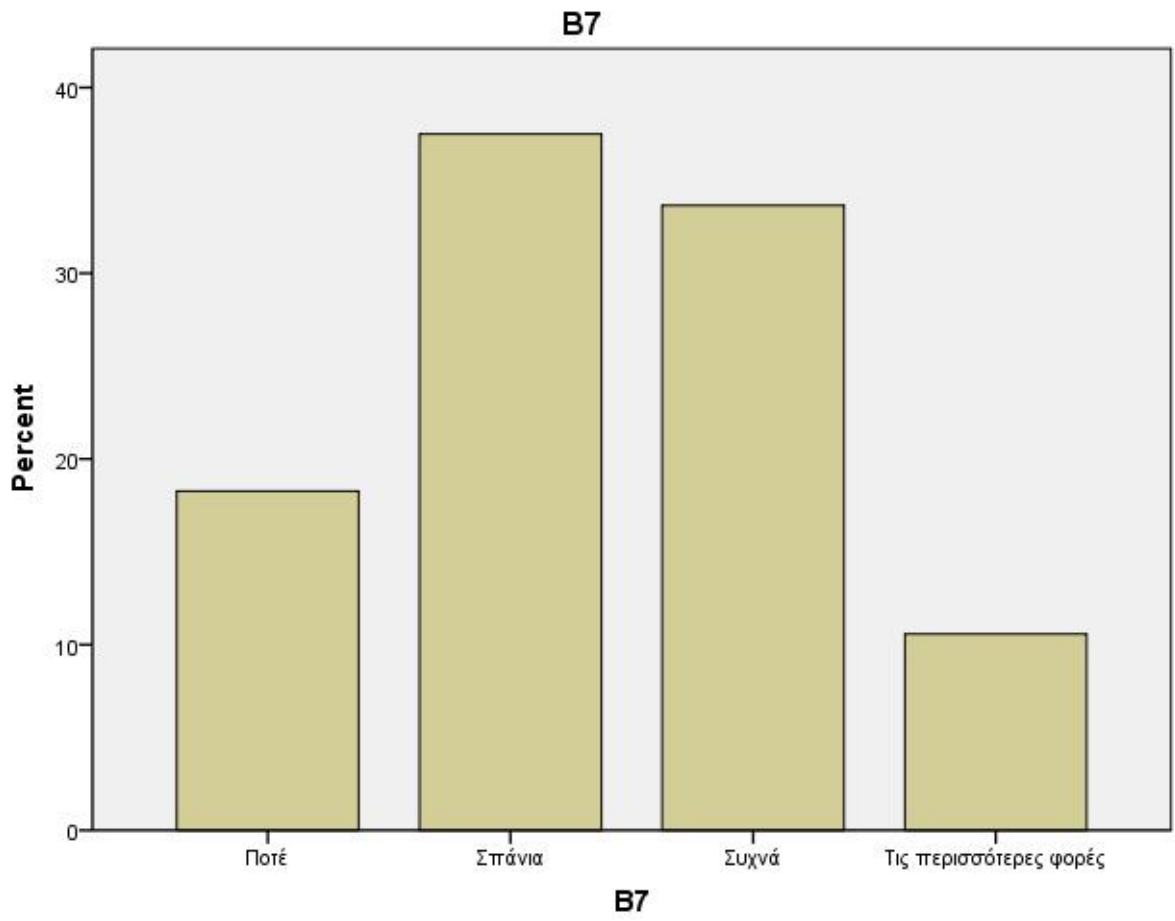
15:

μ /

;

	19	18,3	18,3	18,3
	39	37,5	37,5	55,8
	35	33,7	33,7	89,4
	11	10,6	10,6	100,0
	104	100,0	100,0	

μ μ



μ , μμ μ μ μ 72,1%.

16: μ μ / ;

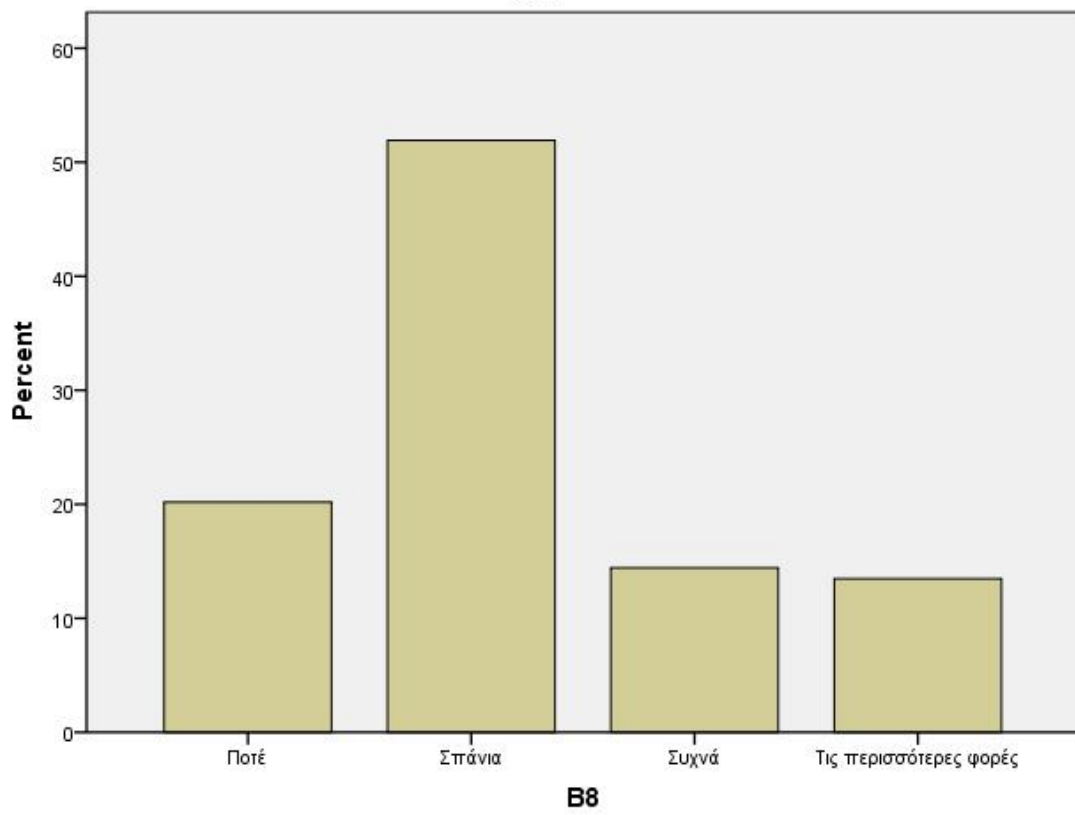
	21	20,2	20,2	20,2
--	----	------	------	------

μ

μ

	54	51,9	51,9	72,1
	15	14,4	14,4	86,5
	14	13,5	13,5	100,0
	104	100,0	100,0	

B8



μμ

" μ "

μ 61,5%.

μ

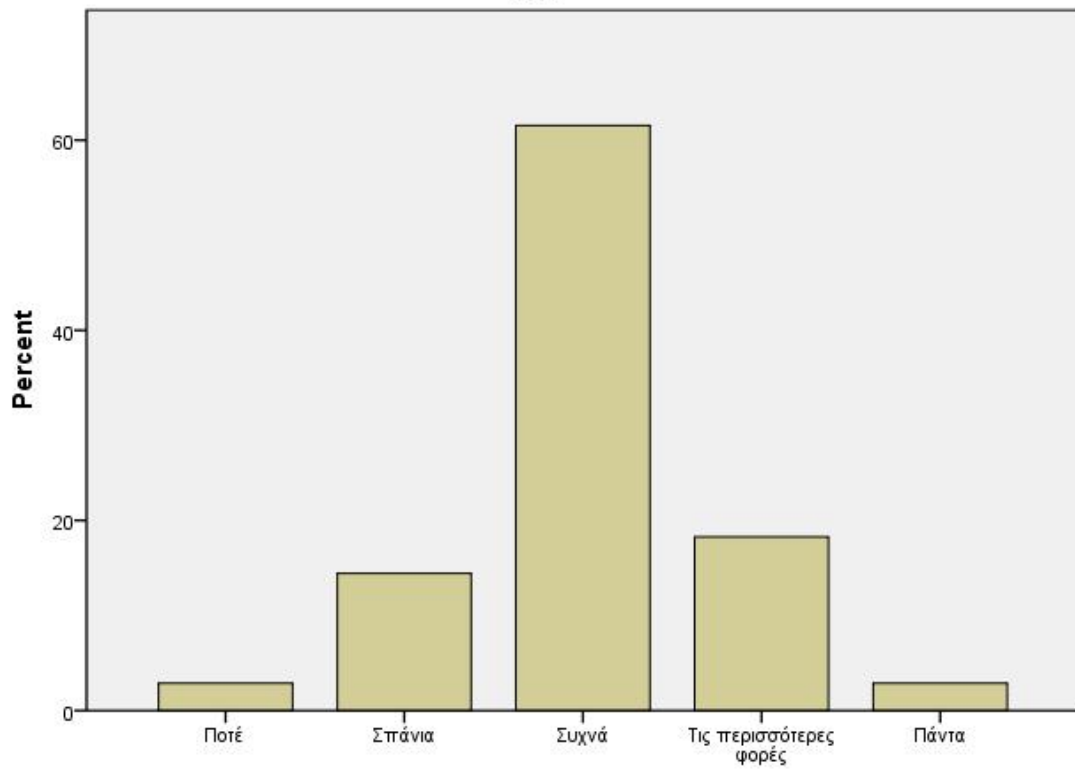
μ

17:

" μ "

	3	2,9	2,9	2,9
	15	14,4	14,4	17,3
	64	61,5	61,5	78,8
	19	18,3	18,3	97,1
	3	2,9	2,9	100,0
	104	100,0	100,0	

B9



B9

μ

μ

μ

μ

μ

(

/

)

μμ

μ

μ

85,6%.

18:

μ

μ

(

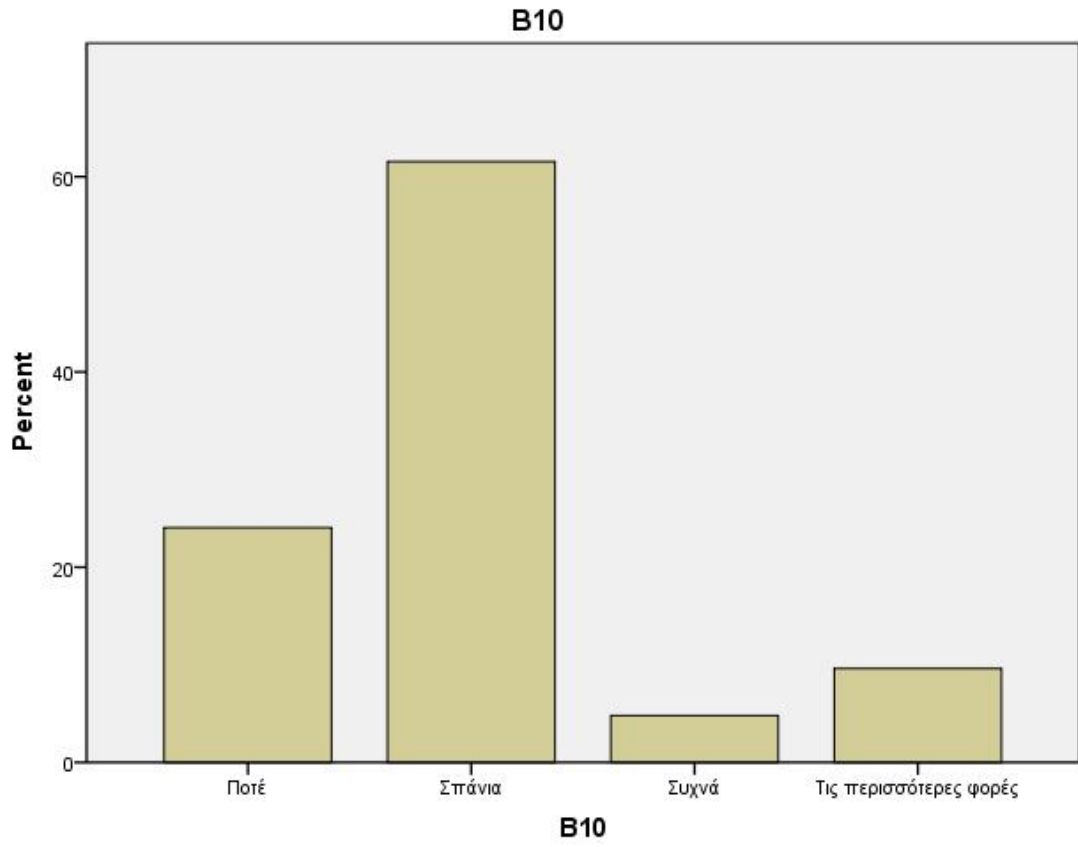
/

);

	25	24,0	24,0	24,0
	64	61,5	61,5	85,6
	5	4,8	4,8	90,4
	10	9,6	9,6	100,0
	104	100,0	100,0	

μ

μ



μ / , μ μ
 μ μ 64,4% μ μ

19: / , μ μ μ ;

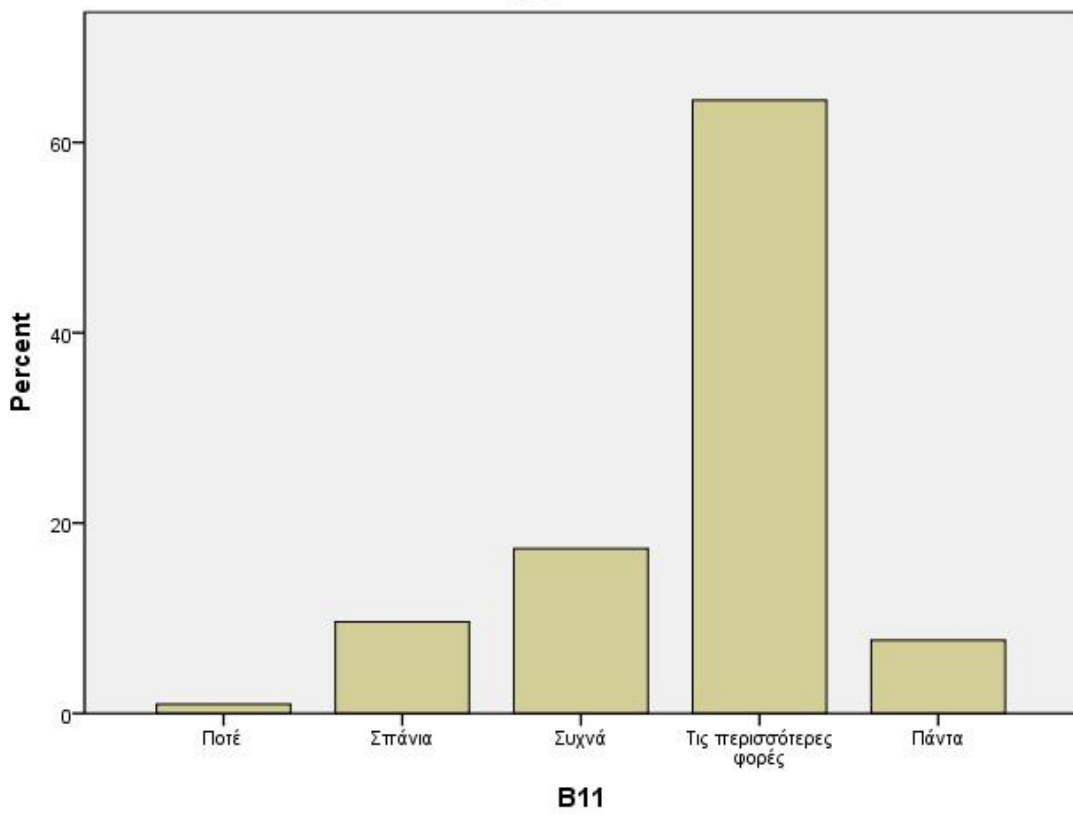
	1	1,0	1,0	1,0
	10	9,6	9,6	10,6

μ

μ

	18	17,3	17,3	27,9
	67	64,4	64,4	92,3
	8	7,7	7,7	100,0
	104	100,0	100,0	

B11



μ

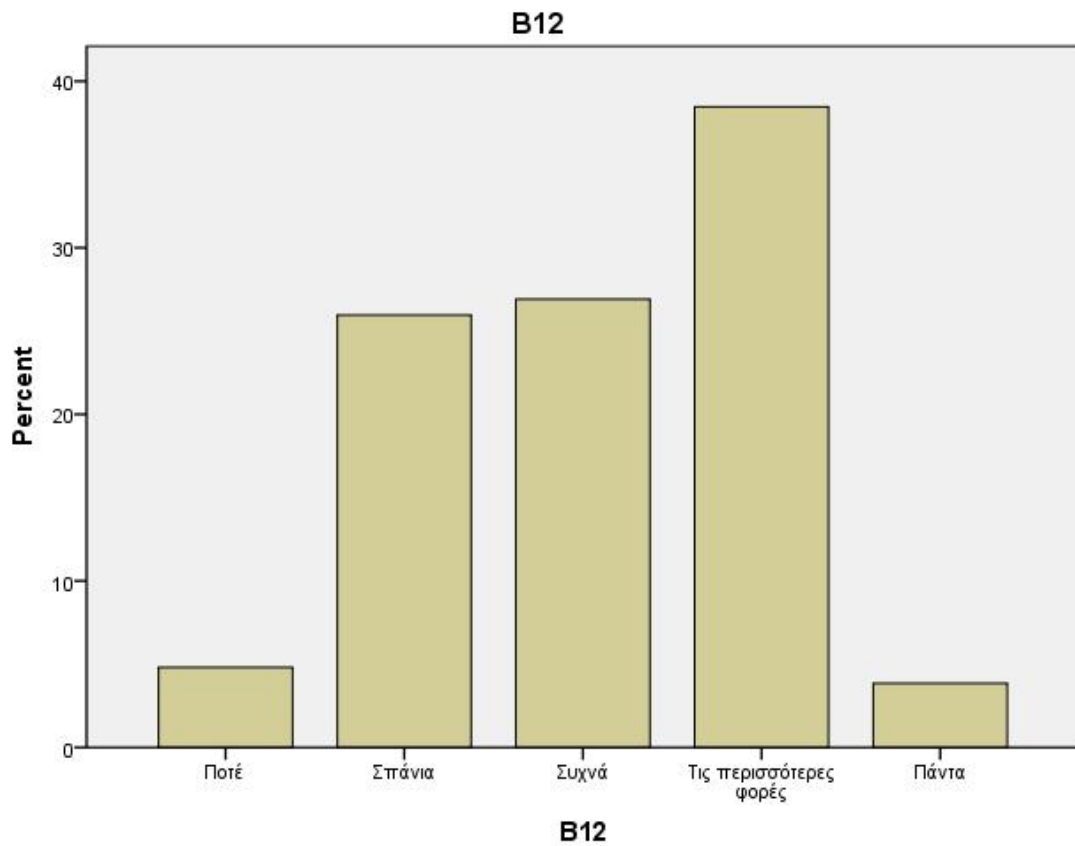
μμ
65,4%.

μ

μ

20: ; μ
μ μ , , μ

	5	4,8	4,8	4,8
	27	26,0	26,0	30,8
	28	26,9	26,9	57,7
	40	38,5	38,5	96,2
	4	3,8	3,8	100,0
	104	100,0	100,0	



μ

μ

μ

μμ

μ

μ

62,5%.

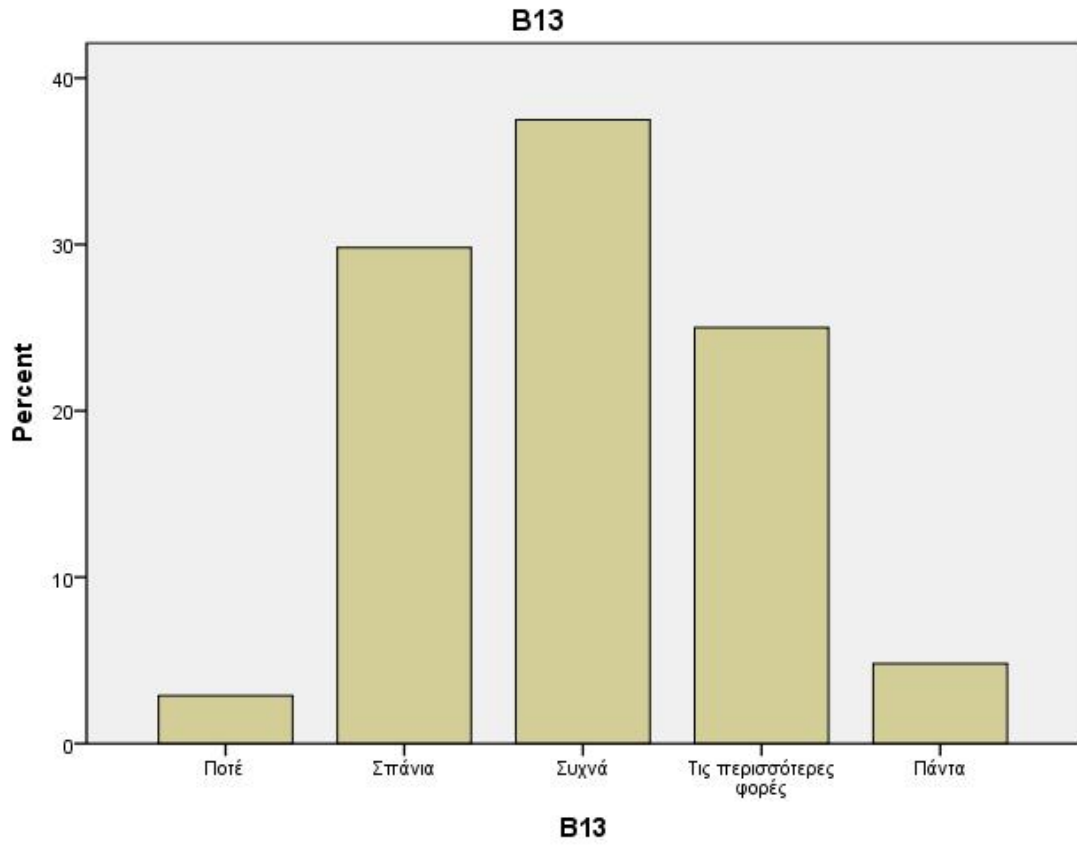
21:

;

	3	2,9	2,9	2,9
	31	29,8	29,8	32,7
	39	37,5	37,5	70,2
	26	25,0	25,0	95,2
	5	4,8	4,8	100,0
	104	100,0	100,0	

μ

μ



μ

μμ

μ

μ 65,4%.

22:

μ

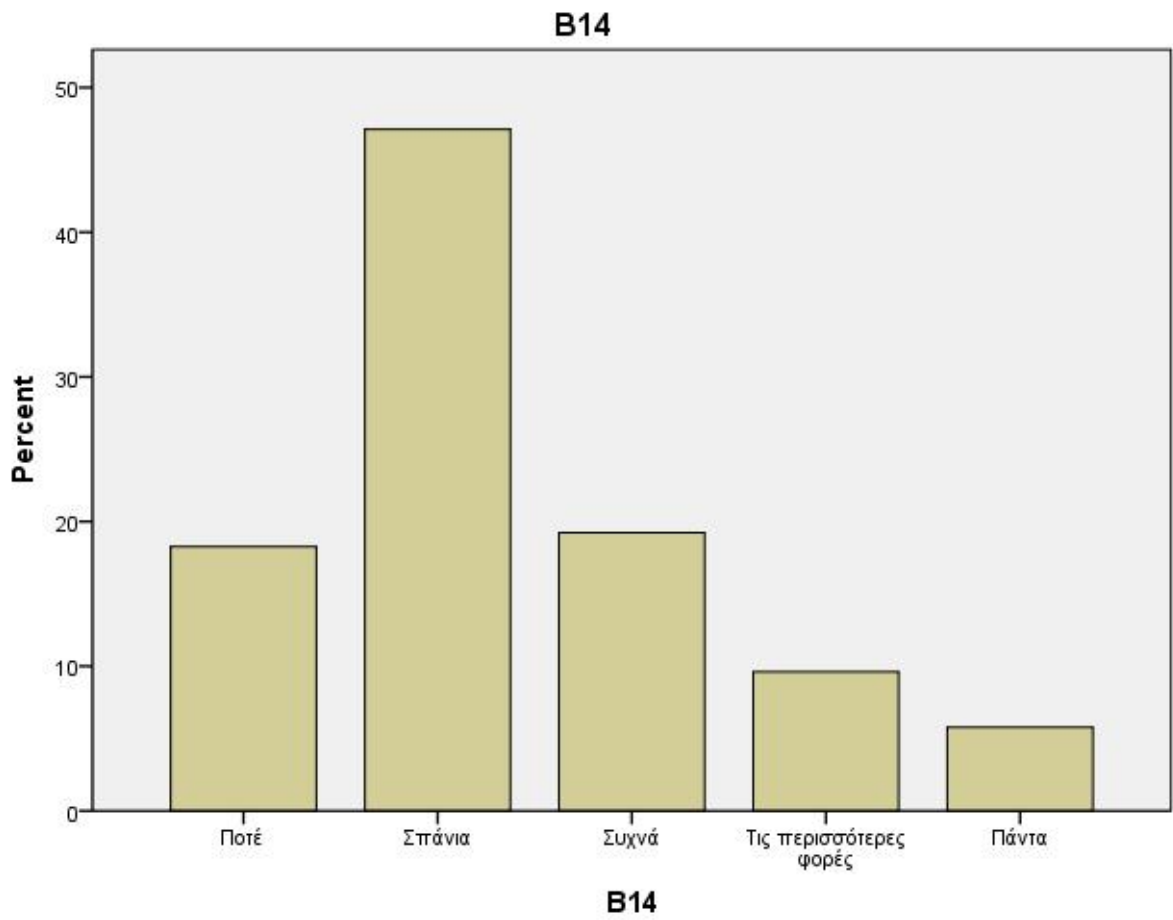
;

	19	18,3	18,3	18,3
	49	47,1	47,1	65,4

μ

μ

	20	19,2	19,2	84,6
	10	9,6	9,6	94,2
	6	5,8	5,8	100,0
	104	100,0	100,0	



μ

μ

μμ

μ

μ

76%.

23:

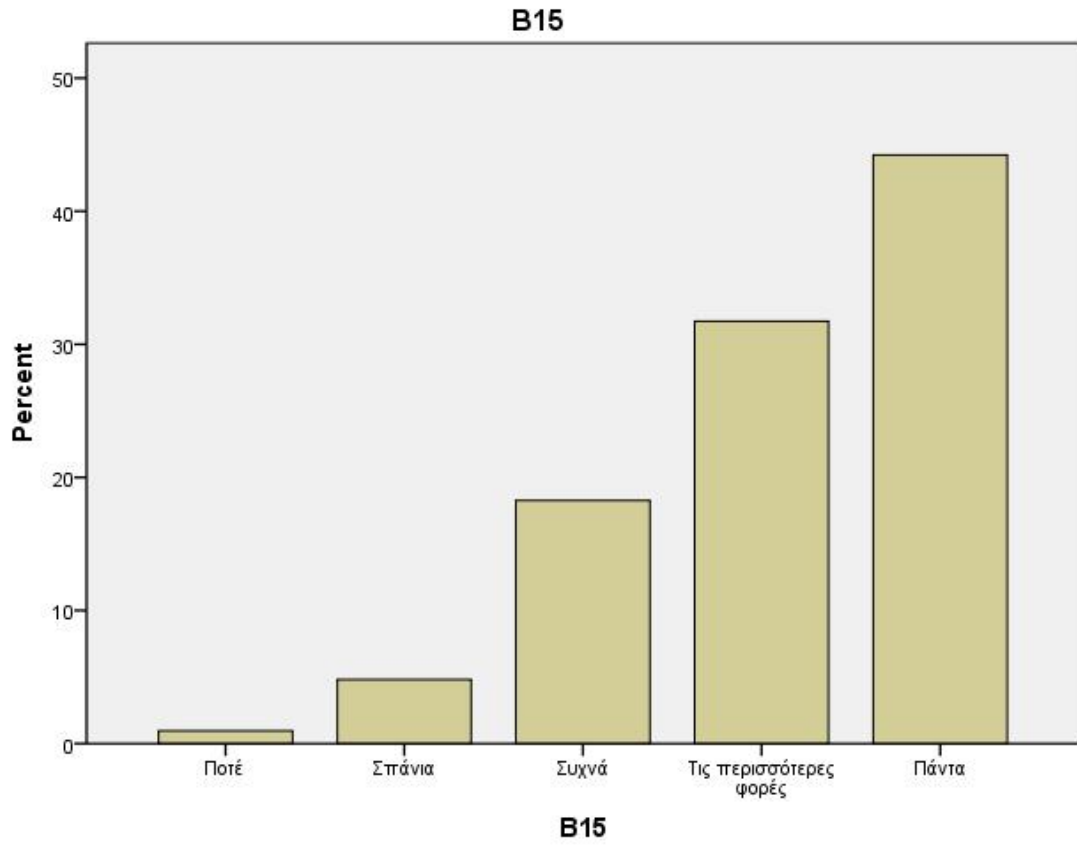
μ

;

	1	1,0	1,0	1,0
	5	4,8	4,8	5,8
	19	18,3	18,3	24,0
	33	31,7	31,7	55,8
	46	44,2	44,2	100,0
	104	100,0	100,0	

μ

μ



μ ,

μμ

μ

μ

88 ,5%.

24:

μ

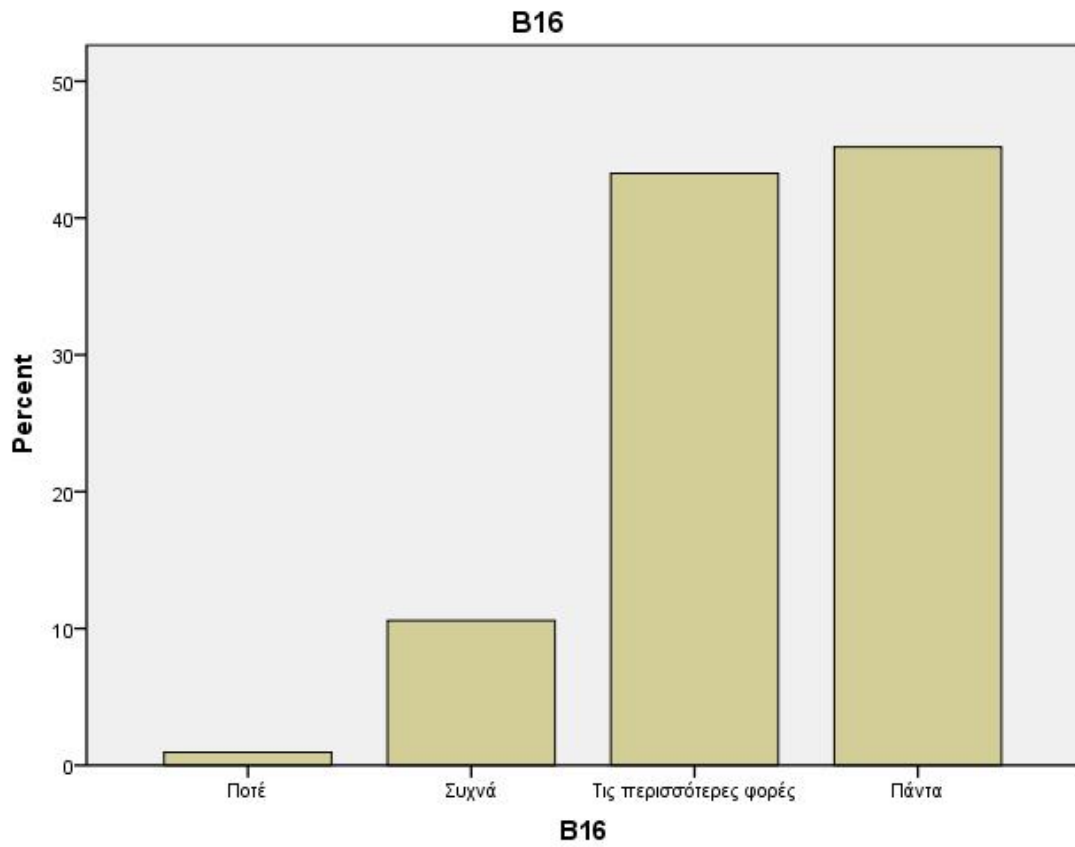
;

	1	1,0	1,0	1,0
	11	10,6	10,6	11,5
	45	43,3	43,3	54,8

μ

μ

	47	45,2	45,2	100,0
	104	100,0	100,0	



μ

μ

μ

μμ

μ

μ

- μ

μ

50%.

25:

μ

μ

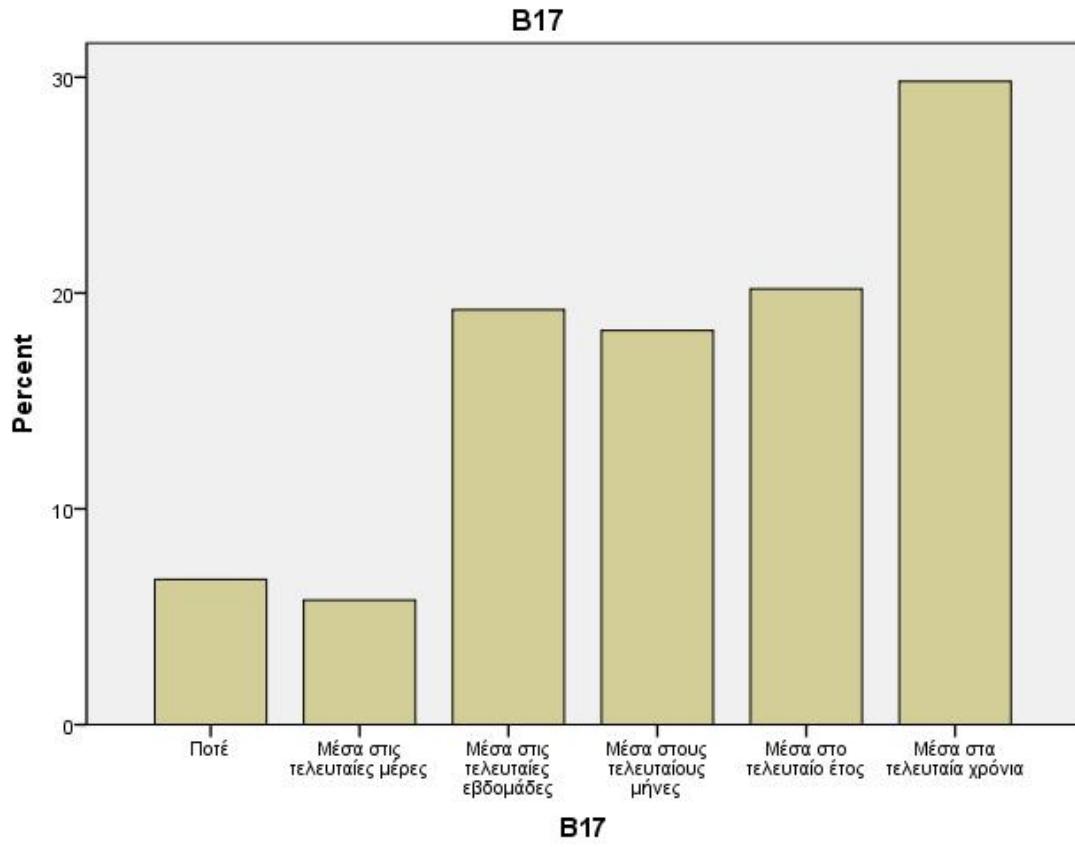
;

μ μ

	7	6,7	6,7	6,7
μ	6	5,8	5,8	12,5
	20	19,2	19,2	31,7
μ	19	18,3	18,3	50,0
	21	20,2	20,2	70,2
μ	31	29,8	29,8	100,0
	104	100,0	100,0	

μ

μ



μ

μμ

- μ

26:

μ

μ

μ

μ

35,6%.

μ

;

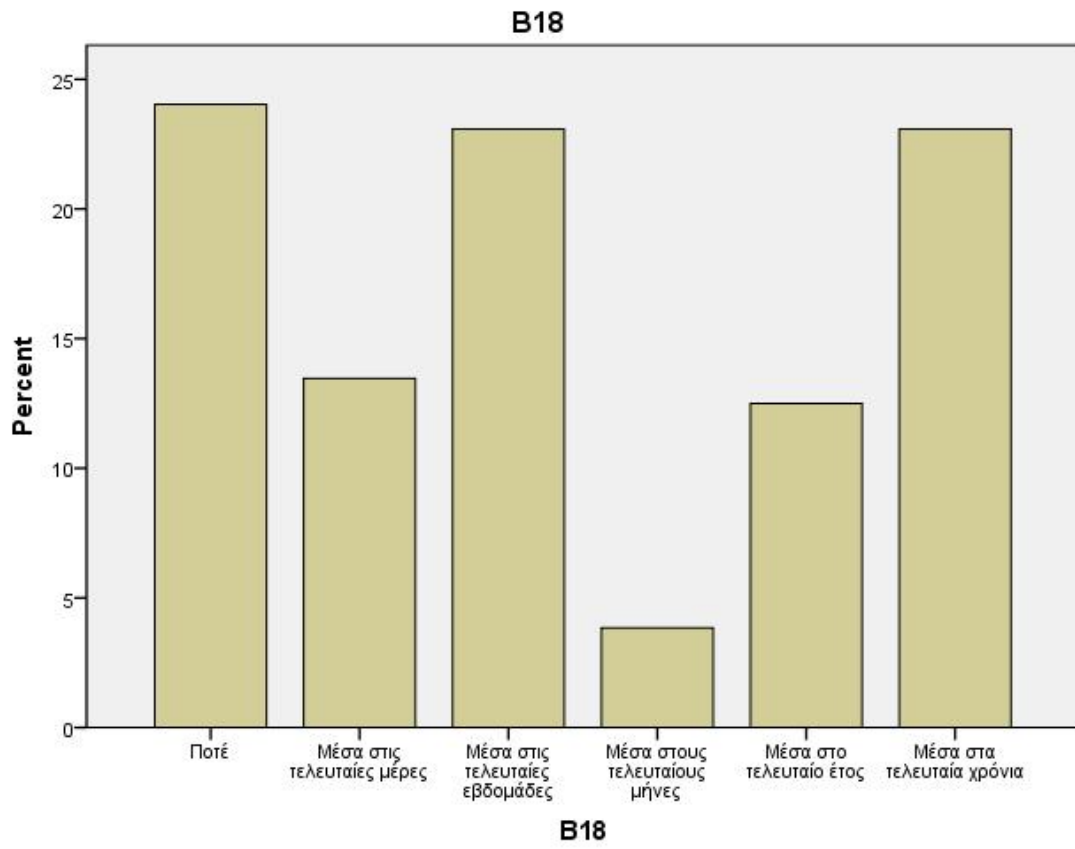
	25	24,0	24,0	24,0
	14	13,5	13,5	37,5

μ

μ

μ

	24	23,1	23,1	60,6
μ	4	3,8	3,8	64,4
	13	12,5	12,5	76,9
μ	24	23,1	23,1	100,0
	104	100,0	100,0	



μ

μ

μ

μ

μμ

μ

μ

54 ,8%.

29 ,8%

1 2

μ .

27:

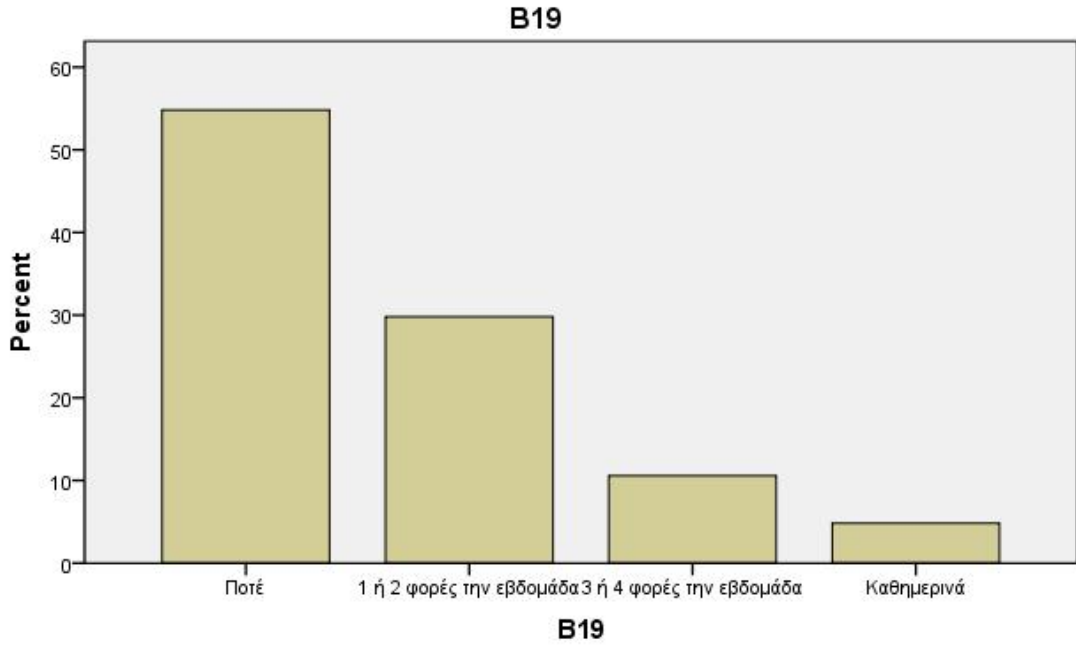
μ

;

	57	54 ,8	54 ,8	54 ,8
1 2	31	29 ,8	29 ,8	84 ,6
μ				
3 4	11	10 ,6	10 ,6	95 ,2
μ				
μ	5	4 ,8	4 ,8	100 ,0
	104	100 ,0	100 ,0	

μ

μ



μ

μ

1 2

μ μ

52,9%.

28:

μ

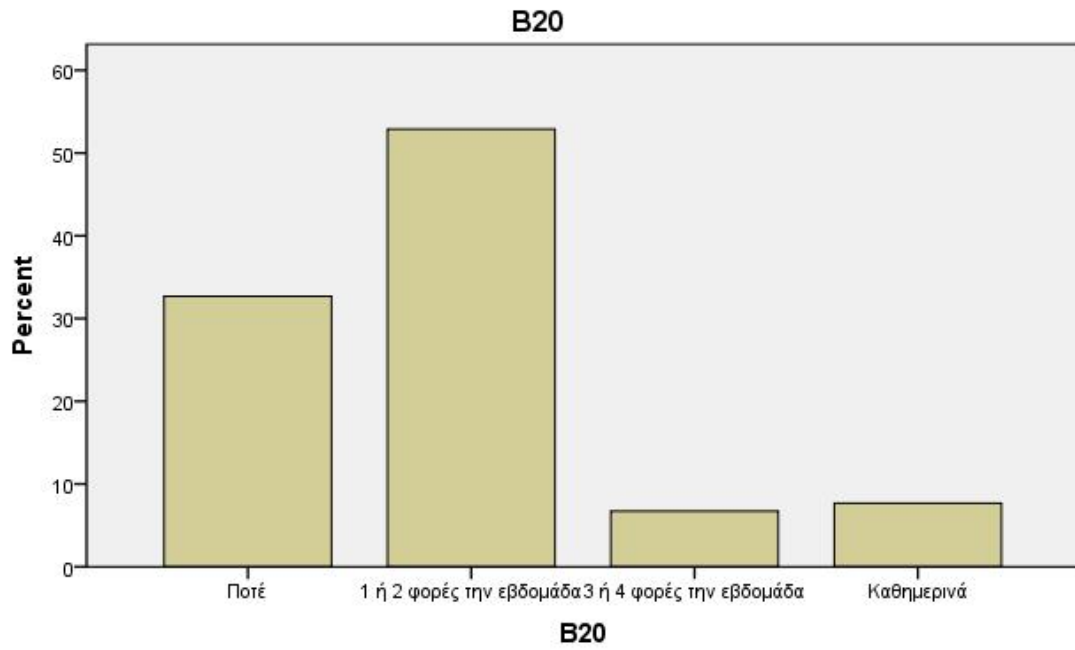
;

	34	32,7	32,7	32,7
1 2	55	52,9	52,9	85,6
μ				

μ

μ

3	4	7	6,7	6,7	92,3
	μ	8	7,7	7,7	100,0
	μ	104	100,0	100,0	



μ

μ

μ

1

2

μ

μ

64,4%.

μ μ

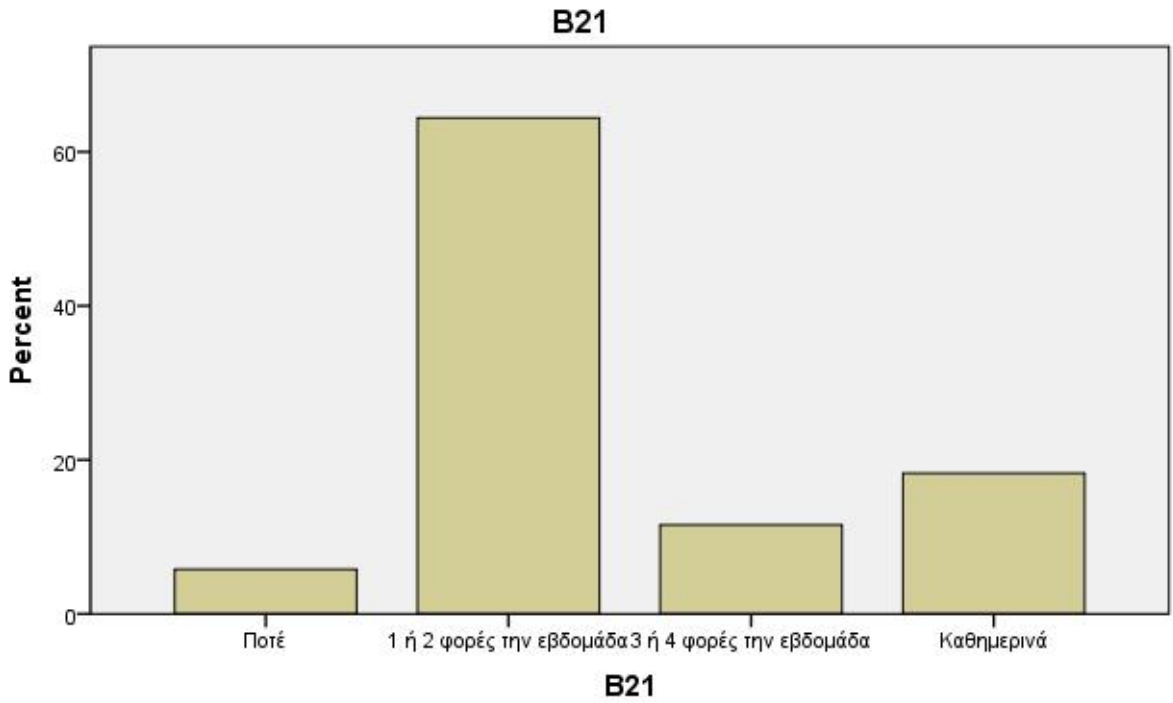
29:

 $\mu / ;$

	6	5,8	5,8	5,8
1 2	67	64,4	64,4	70,2
μ				
3 4	12	11,5	11,5	81,7
μ				
μ	19	18,3	18,3	100,0
	104	100,0	100,0	

μ

μ



μ

μμ

μ μ

48,1%

μ

μ

41,3%.

1 2

30:

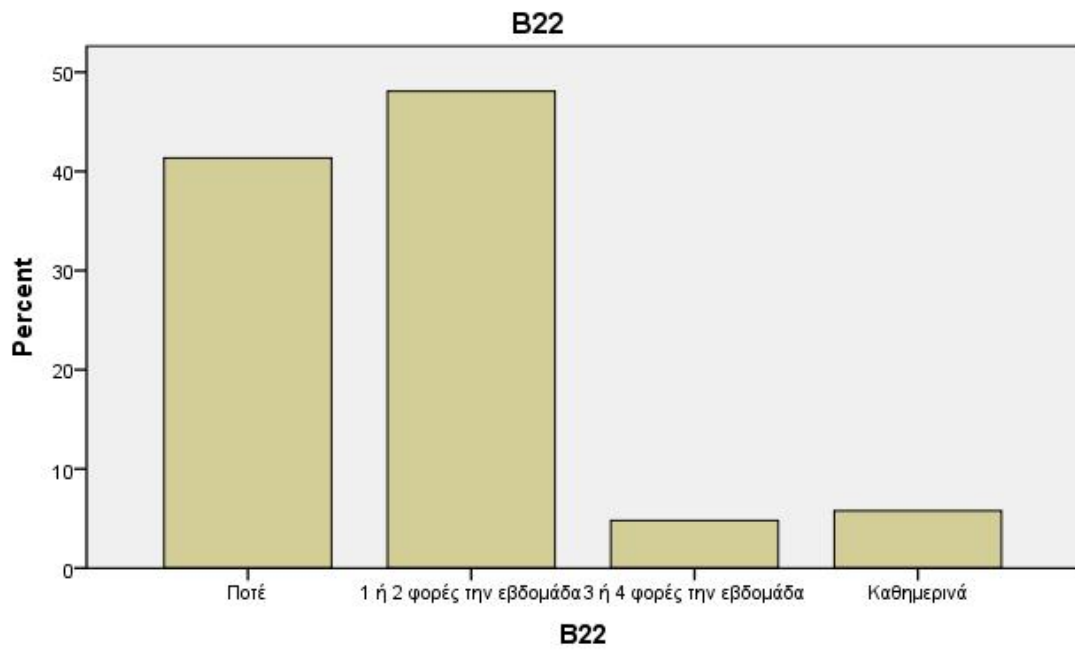
;

--	--	--	--	--

μ

μ

		43	41,3	41,3	41,3
1	2	50	48,1	48,1	89,4
	μ				
3	4	5	4,8	4,8	94,2
	μ				
	μ	6	5,8	5,8	100,0
		104	100,0	100,0	



μ

μ

μ

μ

μμ

μ

μ

74%.

31:

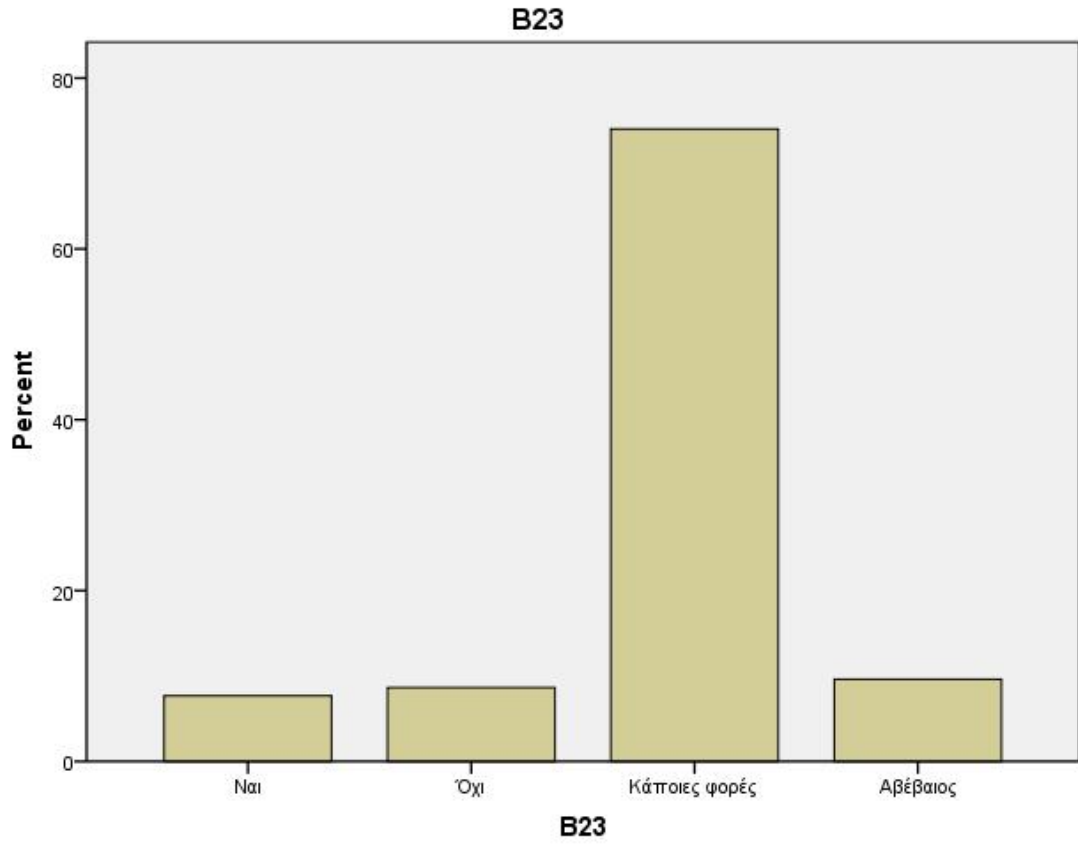
μ /

;

	8	7,7	7,7	7,7
	9	8,7	8,7	16,3
	77	74,0	74,0	90,4
	10	9,6	9,6	100,0
	104	100,0	100,0	

μ

μ



μ

μ

μ

59,6%

μ

31,7%

μ

.

32:

μ

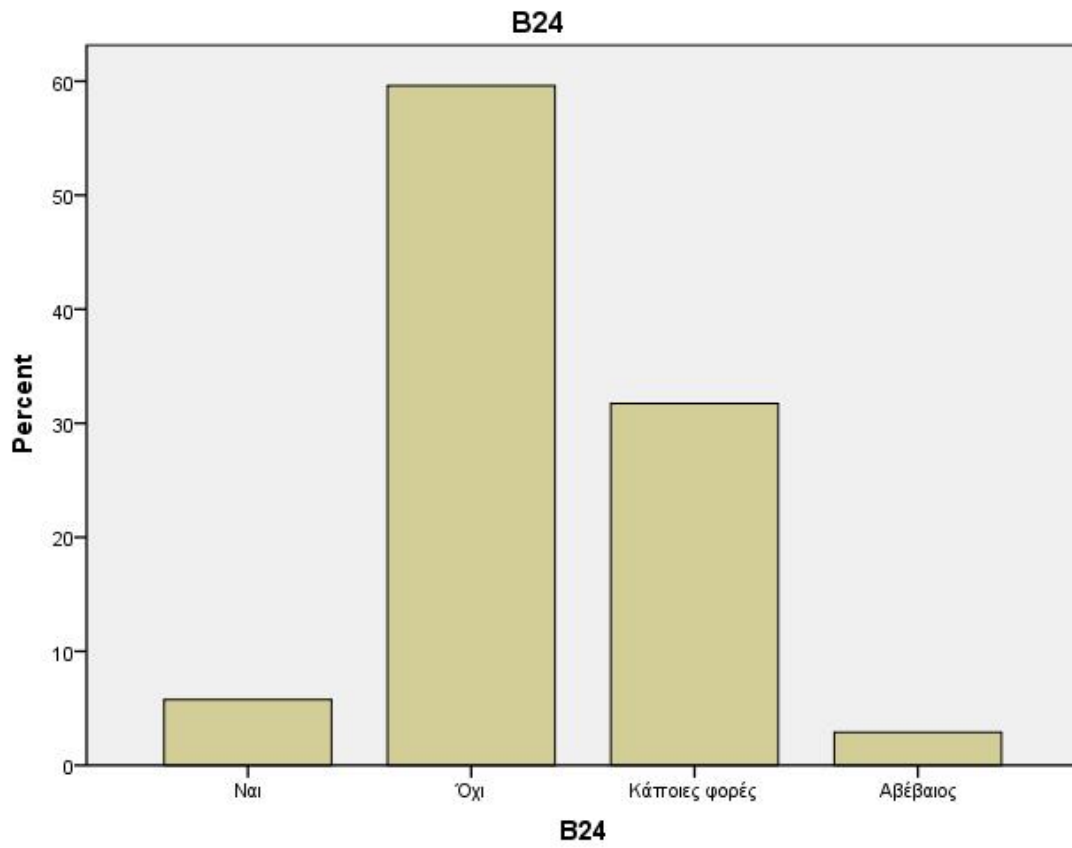
;

	6	5,8	5,8	5,8

μ

μ

	62	59,6	59,6	65,4
	33	31,7	31,7	97,1
	3	2,9	2,9	100,0
	104	100,0	100,0	



μ

μ

μ
74%

μ

μ

μ 23 ,1%

μ

33:

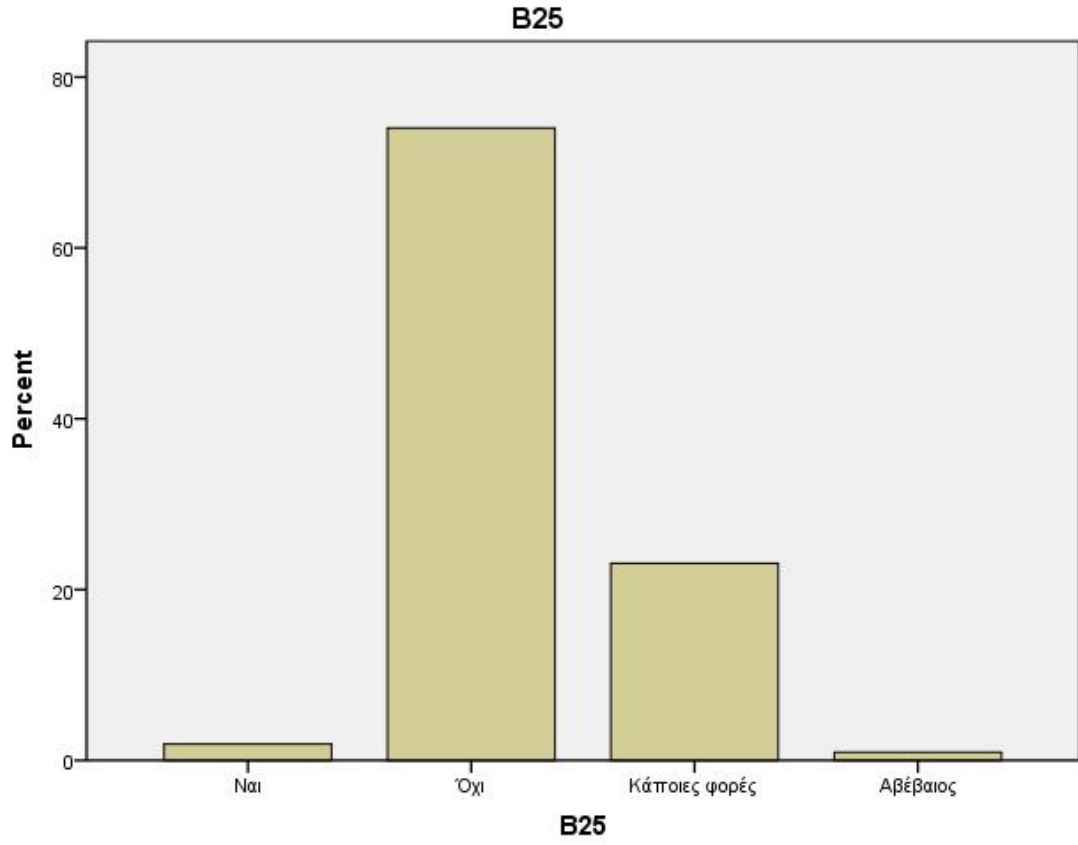
μ

;

	2	1 ,9	1 ,9	1 ,9
	77	74 ,0	74 ,0	76 ,0
	24	23 ,1	23 ,1	99 ,0
	1	1 ,0	1 ,0	100 ,0
	104	100 ,0	100 ,0	

μ

μ



μ μ " "

μ μ ,

μ 51%.

34: " " μ

μ ; μ " "

;

	53	51,0	51,0	51,0

μ

μ

	35	33,7	33,7	84,6
	16	15,4	15,4	100,0
	104	100,0	100,0	



μ

μ

μ

50%.

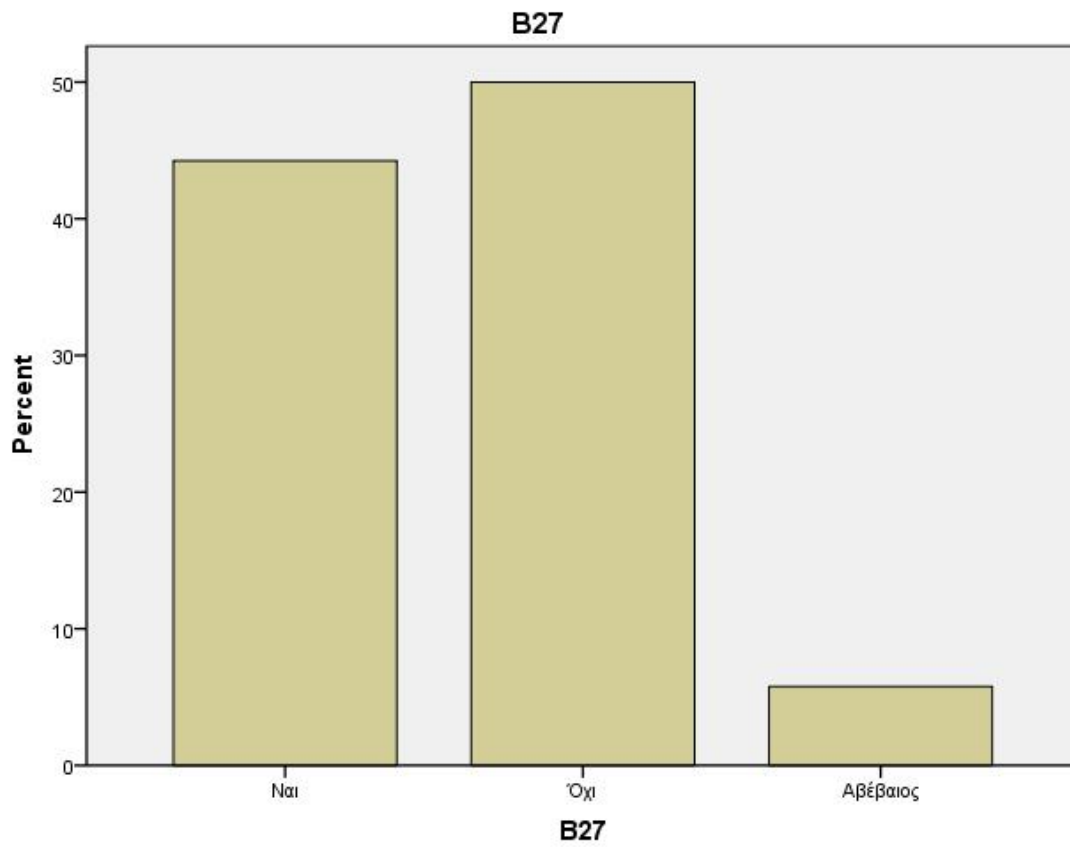
μ

μ

35:

μ

	46	44,2	44,2	44,2
	52	50,0	50,0	94,2
	6	5,8	5,8	100,0
	104	100,0	100,0	



μ

μ

μ ,

μ

60 ,6%

μ

/

.

36:

μ

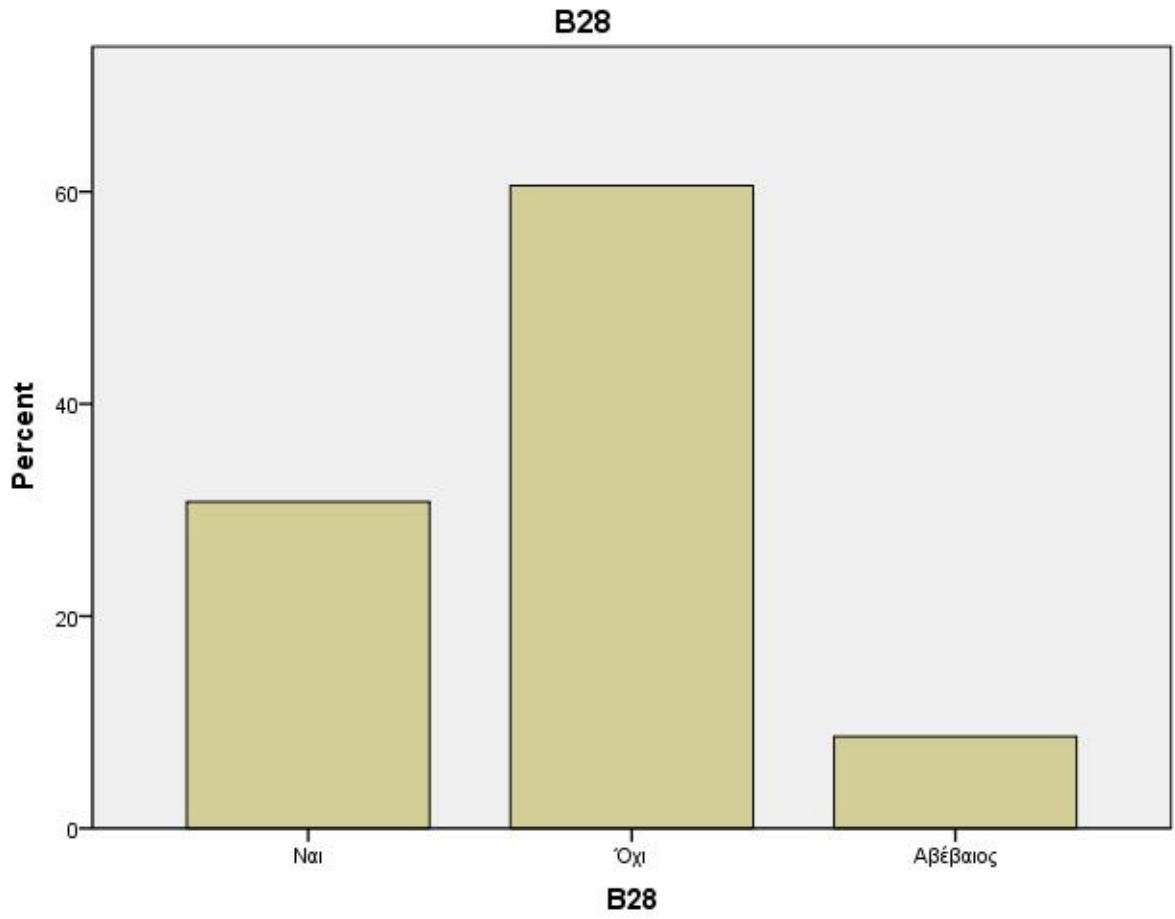
/

;

	32	30 ,8	30 ,8	30 ,8
	63	60 ,6	60 ,6	91 ,3
	9	8 ,7	8 ,7	100 ,0
	104	100 ,0	100 ,0	

μ

μ



" "

, μ 61,5%.

37: " "

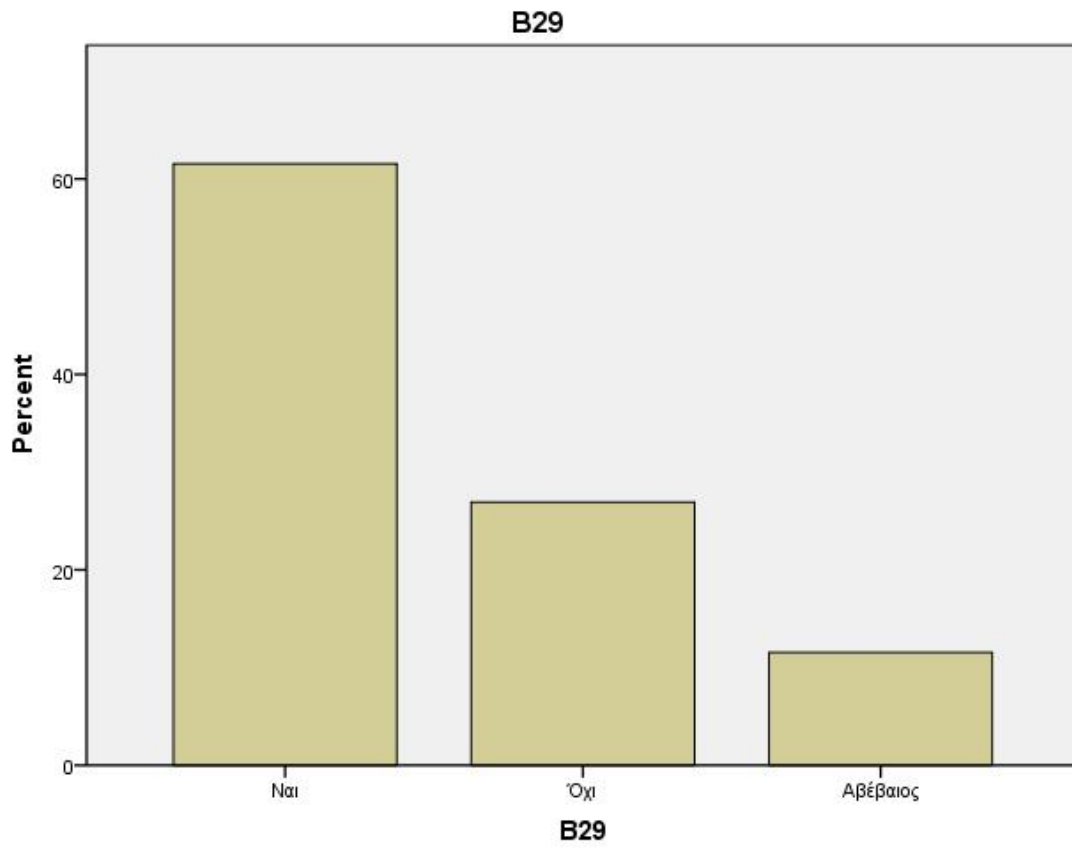
;

--	--	--	--	--

μ

μ

	64	61,5	61,5	61,5
	28	26,9	26,9	88,5
	12	11,5	11,5	100,0
	104	100,0	100,0	



76%

μμ

μ

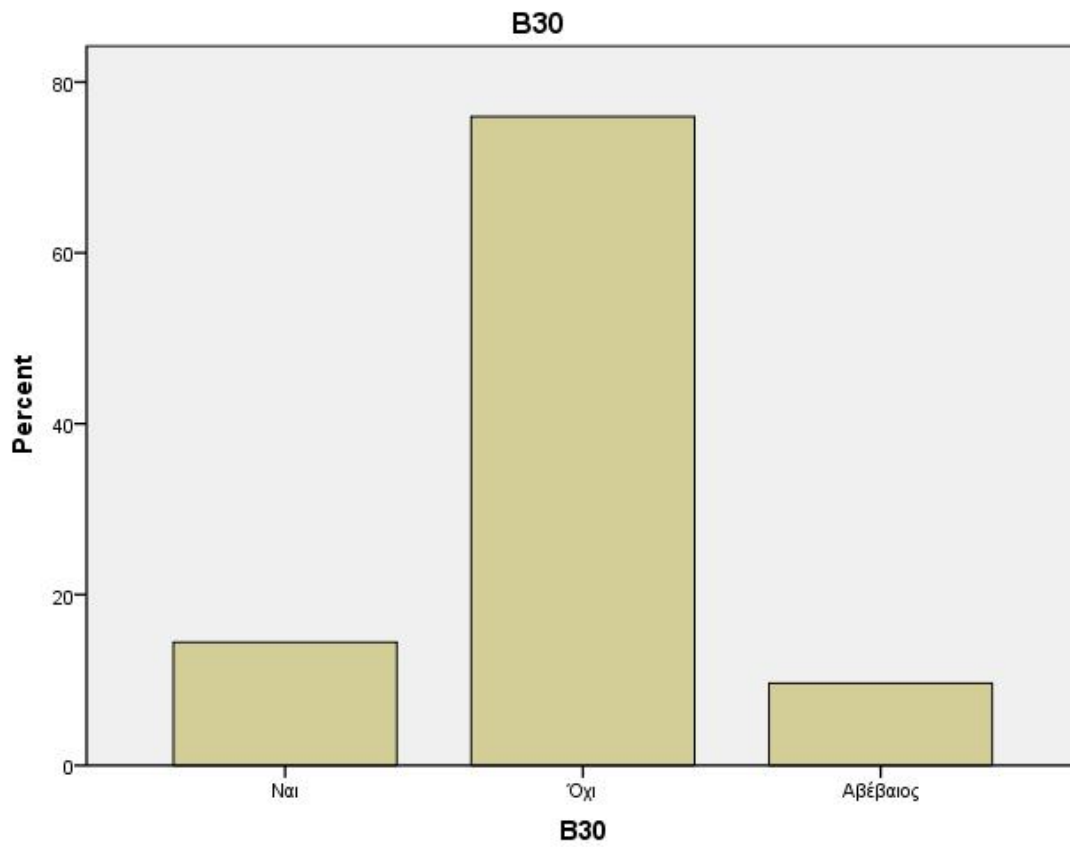
μ

" "

μ
μ

38: μ " " μ

	15	14,4	14,4	14,4
	79	76,0	76,0	90,4
	10	9,6	9,6	100,0
	104	100,0	100,0	



μ

μ

μ

μμ

" "

,

μ

35 ,6%.

16 ,3%

μ

μ .

39:

" "

;

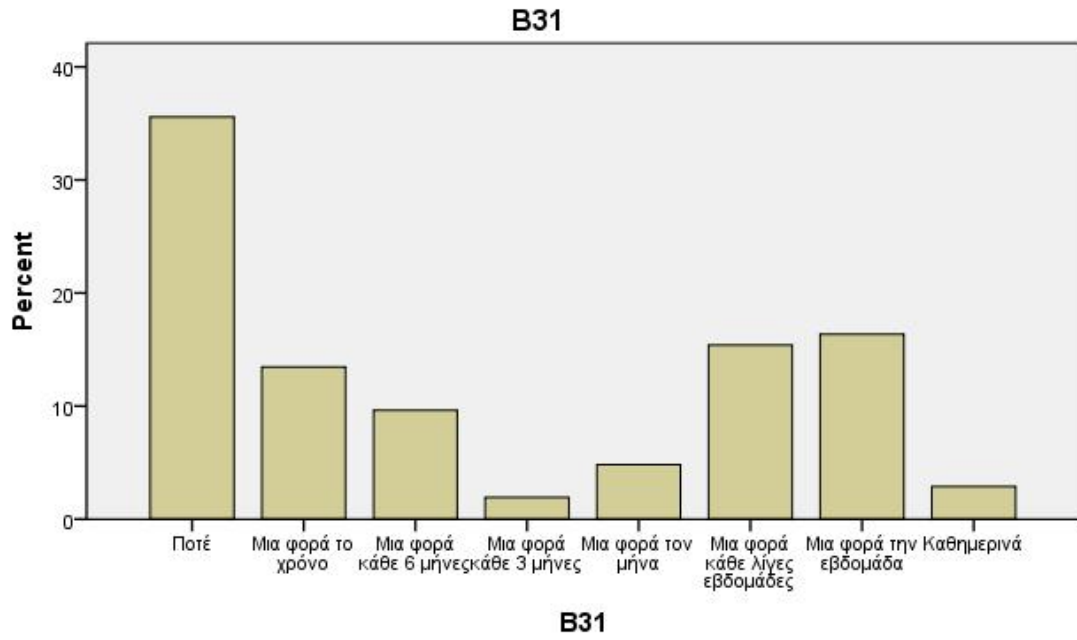
μ panadol ,

μ .

	37	35 ,6	35 ,6	35 ,6
	14	13 ,5	13 ,5	49 ,0
6 μ	10	9 ,6	9 ,6	58 ,7
3 μ	2	1 ,9	1 ,9	60 ,6
μ	5	4 ,8	4 ,8	65 ,4
	16	15 ,4	15 ,4	80 ,8
μ	17	16 ,3	16 ,3	97 ,1
μ	3	2 ,9	2 ,9	100 ,0
μ	104	100 ,0	100 ,0	

μ

μ



B31

μ

μμ

μ

μ

μ μ

22,1%.

7,7%

μ

μ

40:

μ

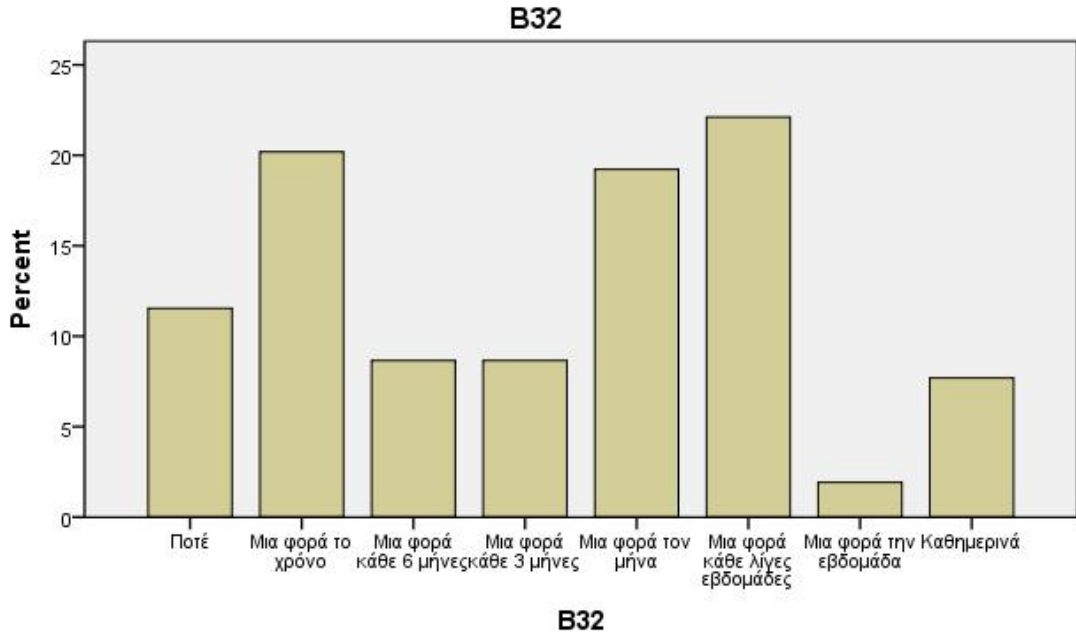
;

μ μ

		12	11,5	11,5	11,5
		21	20,2	20,2	31,7
	6 μ	9	8,7	8,7	40,4
	3 μ	9	8,7	8,7	49,0
	μ	20	19,2	19,2	68,3
		23	22,1	22,1	90,4
μ		2	1,9	1,9	92,3
μ		8	7,7	7,7	100,0
μ		104	100,0	100,0	

μ

μ



μ

μ

72 ,1%.

41:

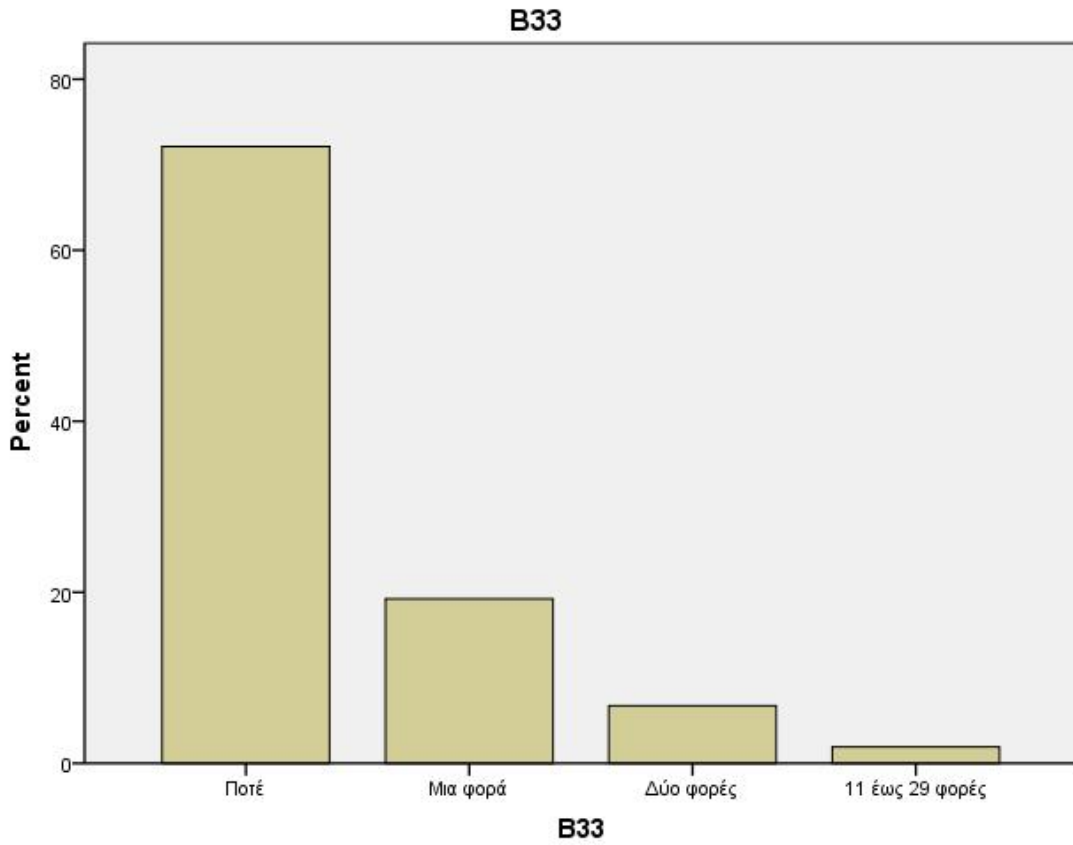
;

	75	72 ,1	72 ,1	72 ,1
	20	19 ,2	19 ,2	91 ,3
	7	6 ,7	6 ,7	98 ,1

μ

μ

11	29	2	1,9	1,9	100,0
		104	100,0	100,0	



μ

μμ

μ

μ

27,9%

18,3%

μ μ

42:

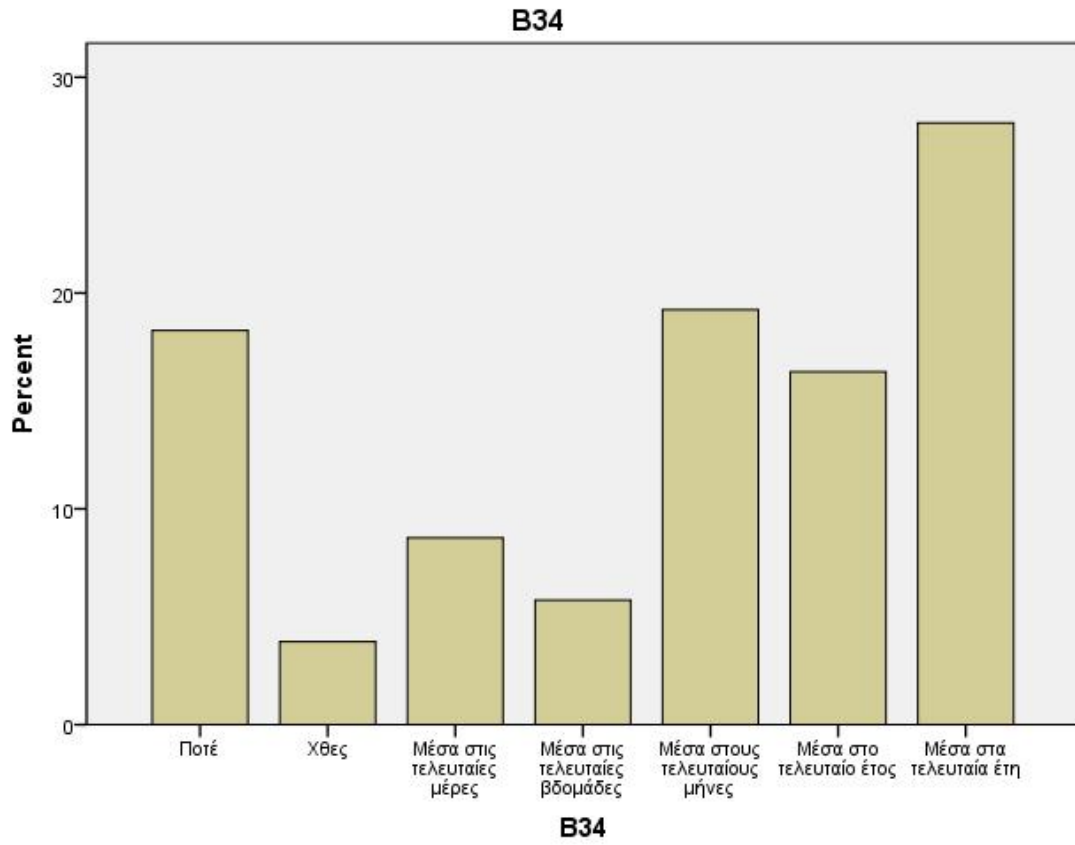
,

;

	19	18,3	18,3	18,3
	4	3,8	3,8	22,1
	9	8,7	8,7	30,8
μ	6	5,8	5,8	36,5
μ	20	19,2	19,2	55,8
μ	17	16,3	16,3	72,1
	29	27,9	27,9	100,0
	104	100,0	100,0	

μ

μ



μμ

, μ

46,2%.

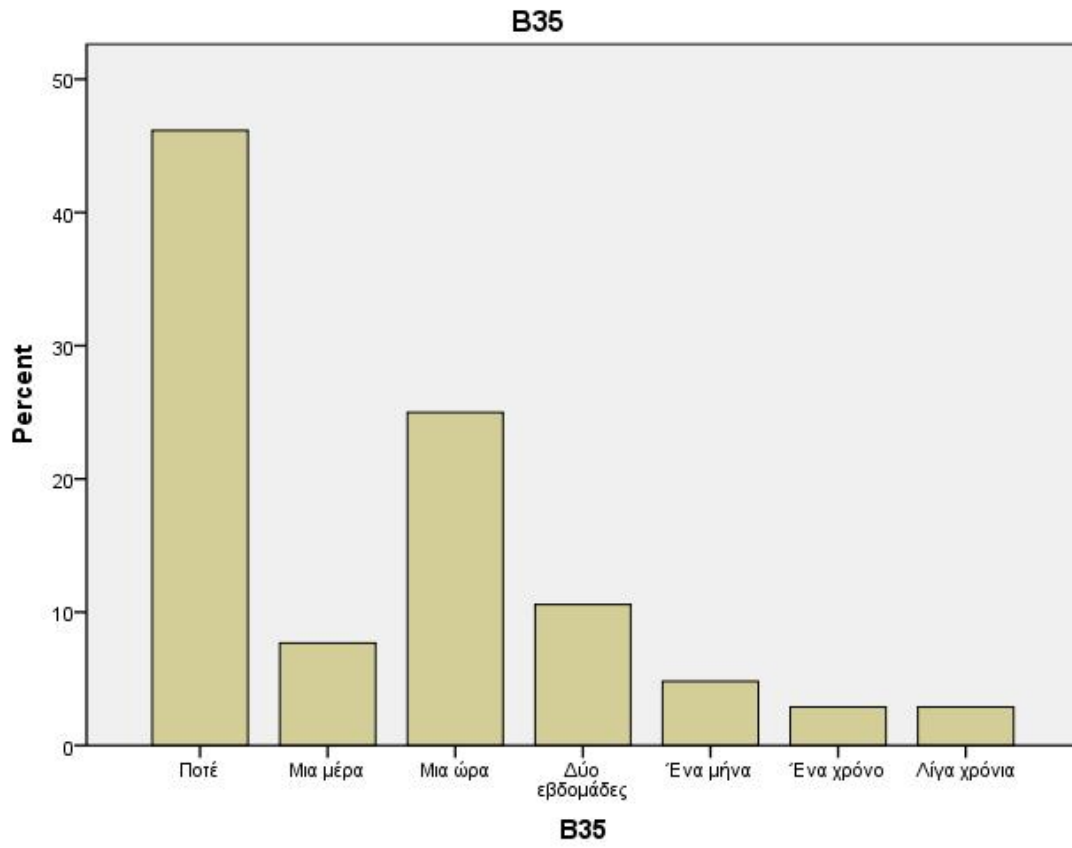
43:

--	--	--	--	--

μ

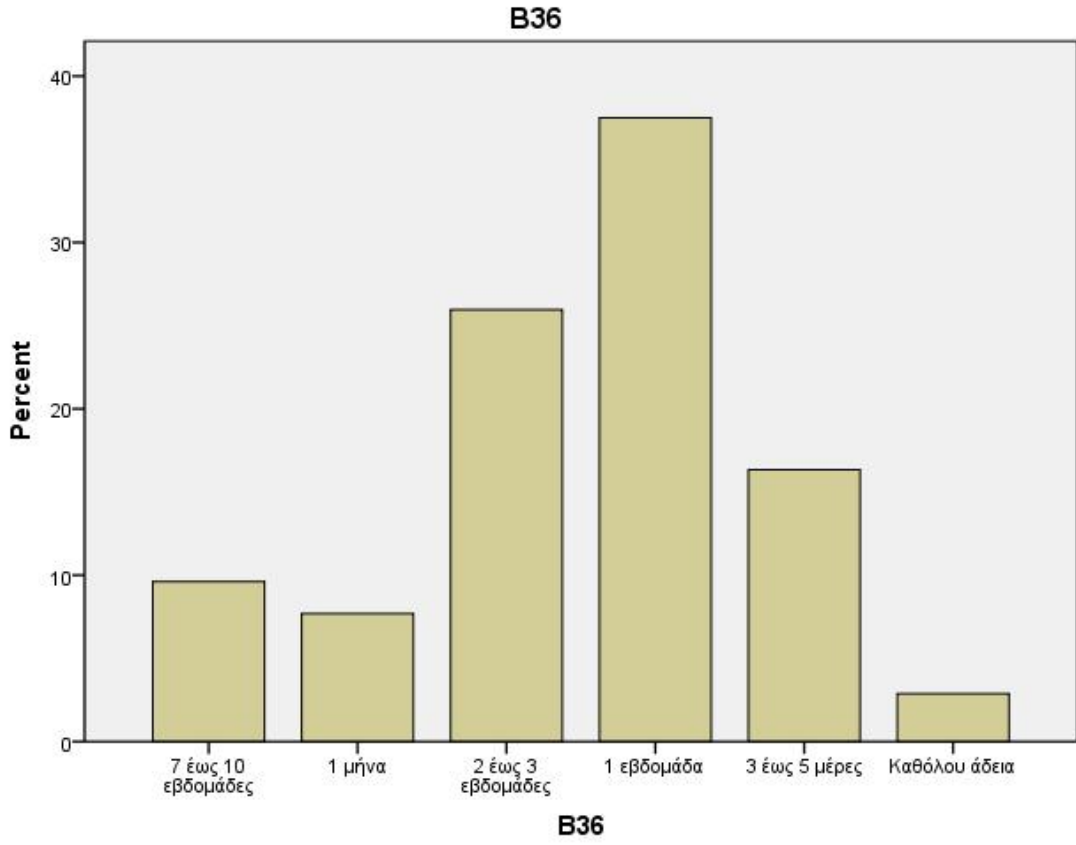
μ

	48	46,2	46,2	46,2
μ	8	7,7	7,7	53,8
	26	25,0	25,0	78,8
	11	10,6	10,6	89,4
μ	5	4,8	4,8	94,2
μ	3	2,9	2,9	97,1
	3	2,9	2,9	100,0
	104	100,0	100,0	



μ

μ



μ μ μ μ 59
,6%.

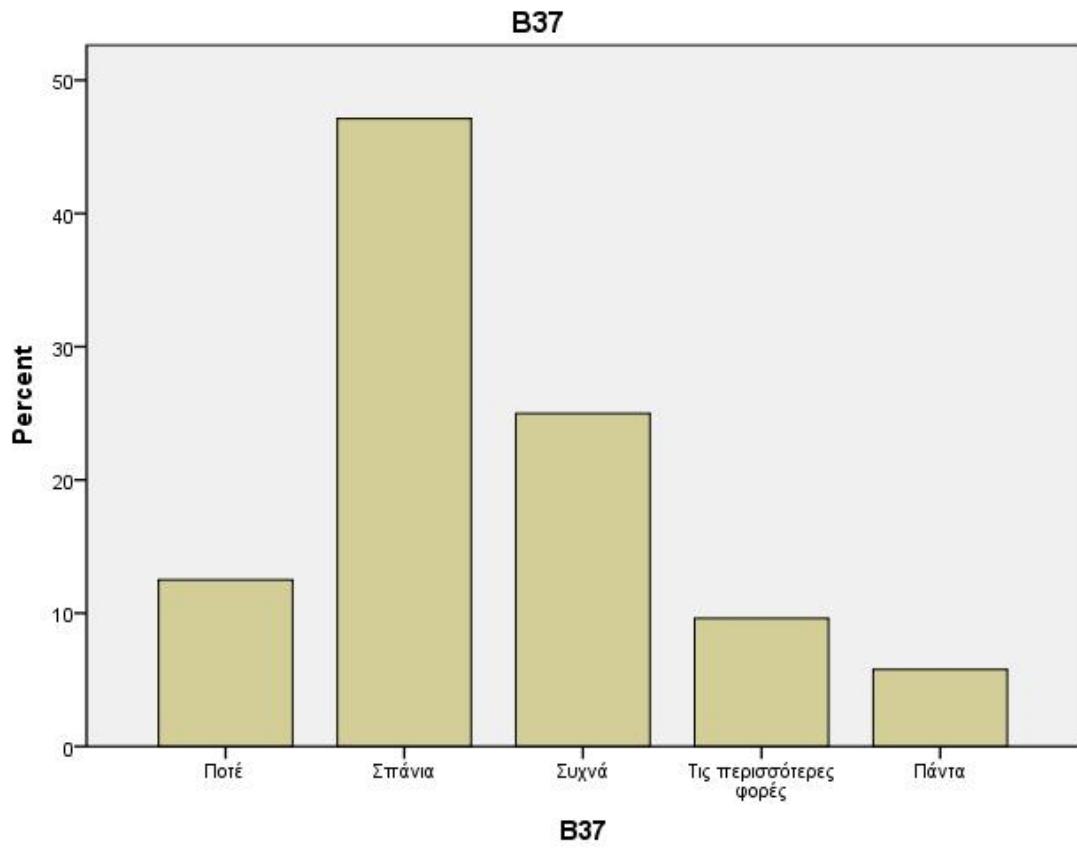
45: μ μ / μ μ ;

	13	12,5	12,5	12,5
	49	47,1	47,1	59,6

μ

μ

	26	25,0	25,0	84,6
	10	9,6	9,6	94,2
	6	5,8	5,8	100,0
	104	100,0	100,0	



μ

, μ

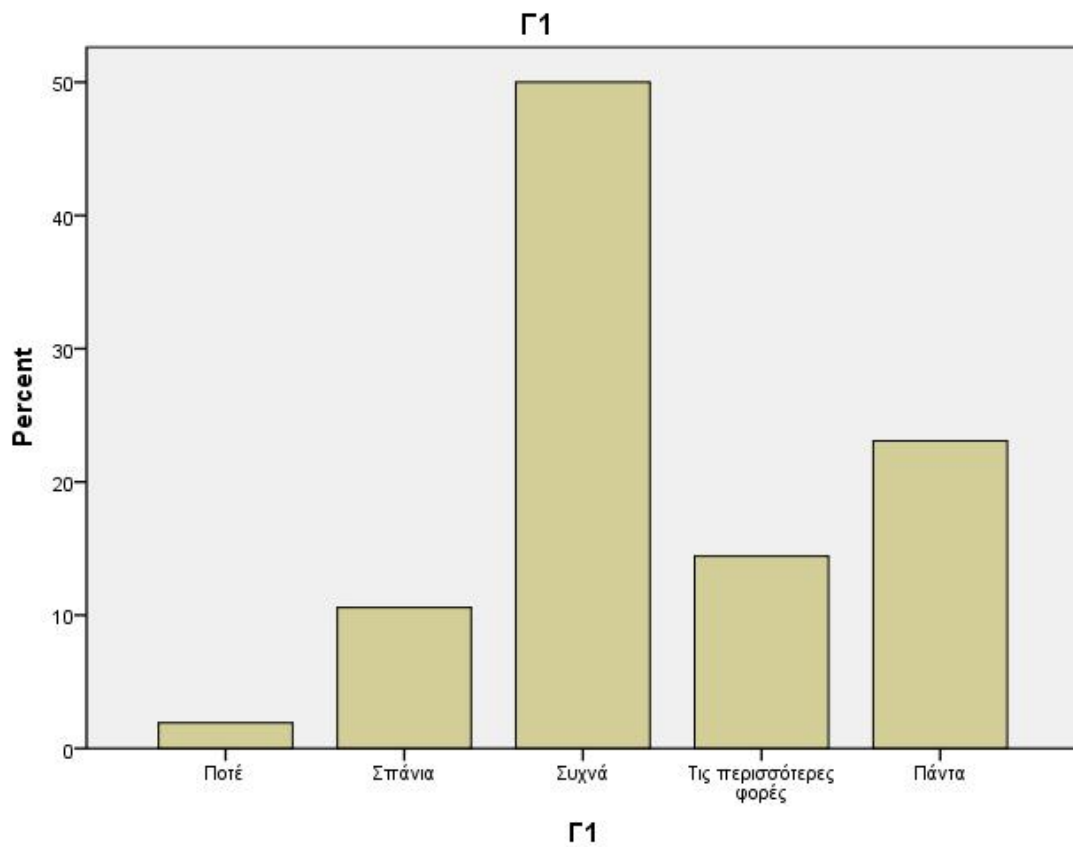
μ ,

μ 50%.

μ
μ

46: , μ ; μ ,

	2	1,9	1,9	1,9
	11	10,6	10,6	12,5
	52	50,0	50,0	62,5
	15	14,4	14,4	76,9
	24	23,1	23,1	100,0
	104	100,0	100,0	



μ

μ

μ

μ

,

μ

45,2%.

47:

μ

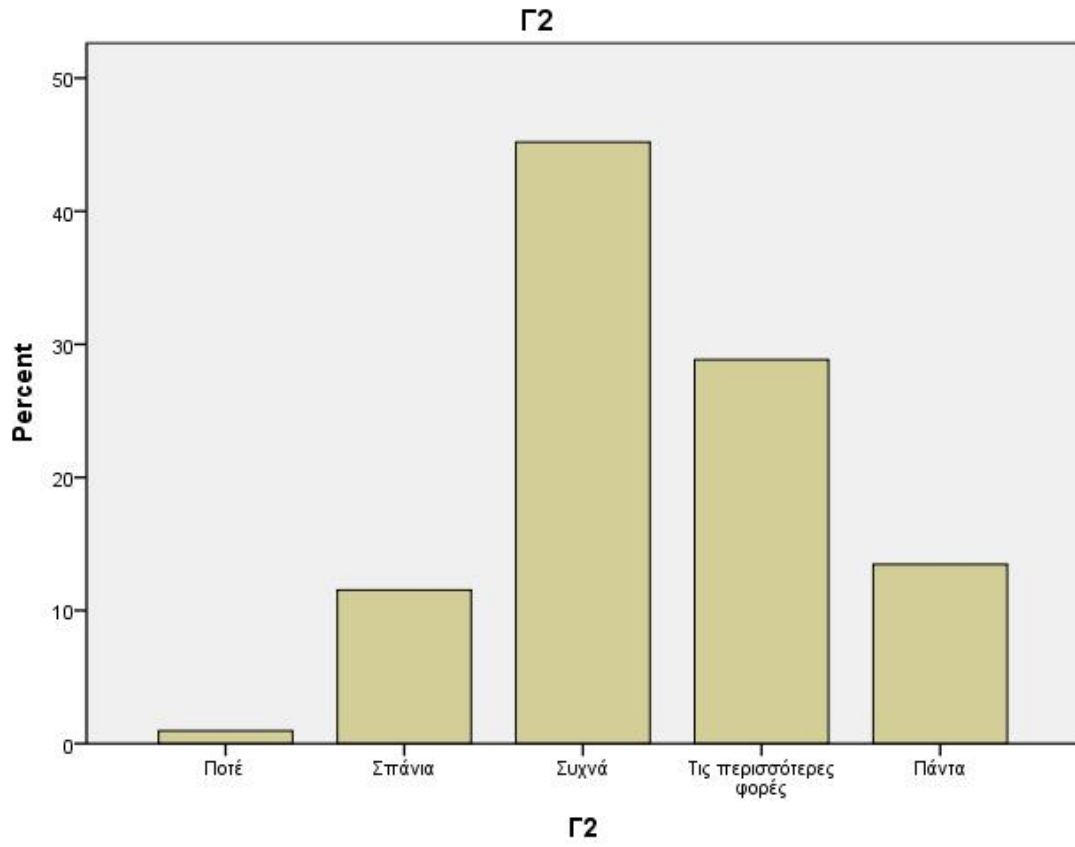
,

;

	1	1,0	1,0	1,0
	12	11,5	11,5	12,5
	47	45,2	45,2	57,7
	30	28,8	28,8	86,5
	14	13,5	13,5	100,0
	104	100,0	100,0	

μ

μ



μ ,

μ 58,7%.

48:

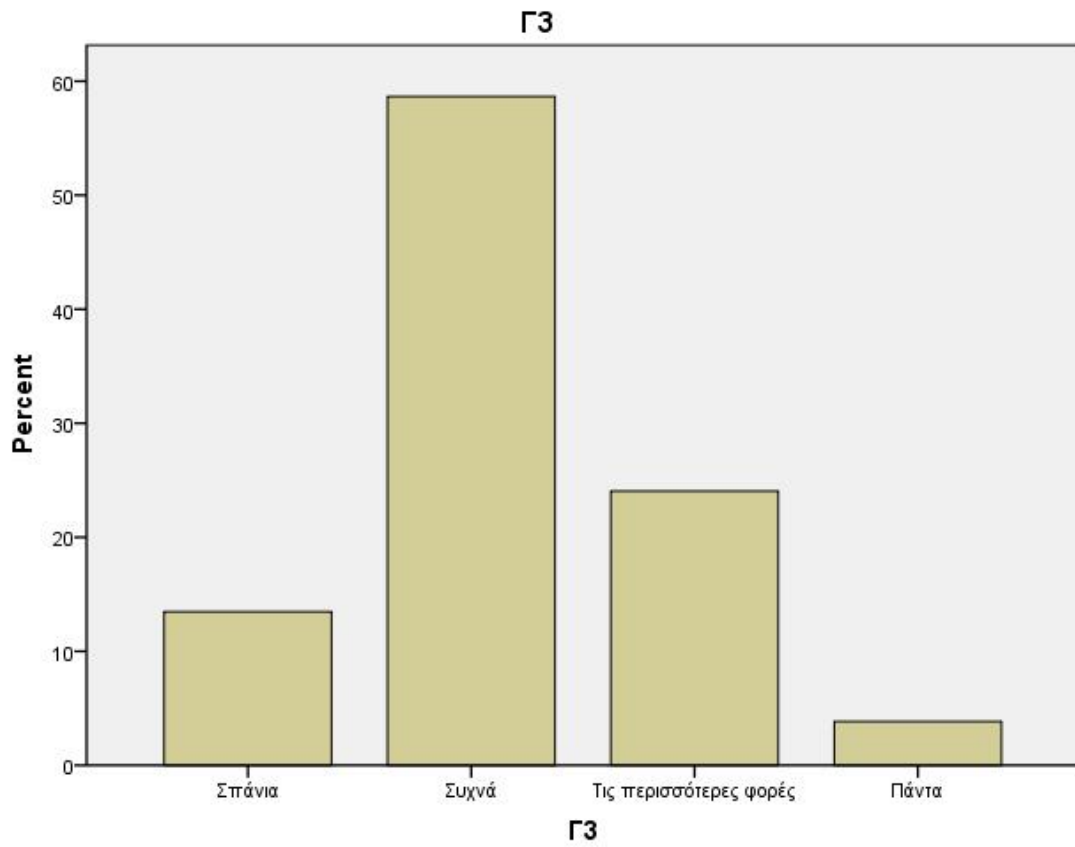
;

	14	13,5	13,5	13,5
	61	58,7	58,7	72,1
	25	24,0	24,0	96,2

μ

μ

	4	3,8	3,8	100,0
	104	100,0	100,0	



μ

μ

μ

52,9%.

49:

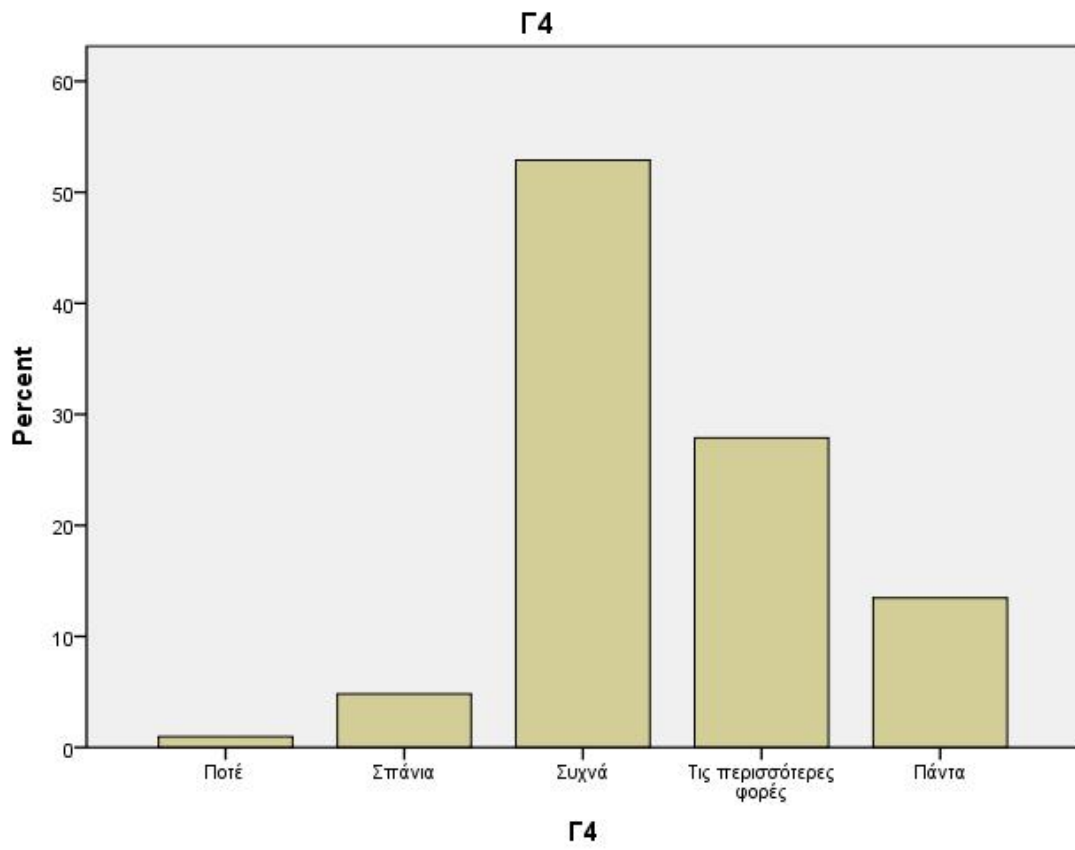
;

--	--	--	--	--

μ

μ

	1	1,0	1,0	1,0
	5	4,8	4,8	5,8
	55	52,9	52,9	58,7
	29	27,9	27,9	86,5
	14	13,5	13,5	100,0
	104	100,0	100,0	



μ

μ

, μμ

μ

μ ,

μμ , μ

μ

μ

μ

83 ,7%.

50:

μ

μ

μ ,

,

μμ ,

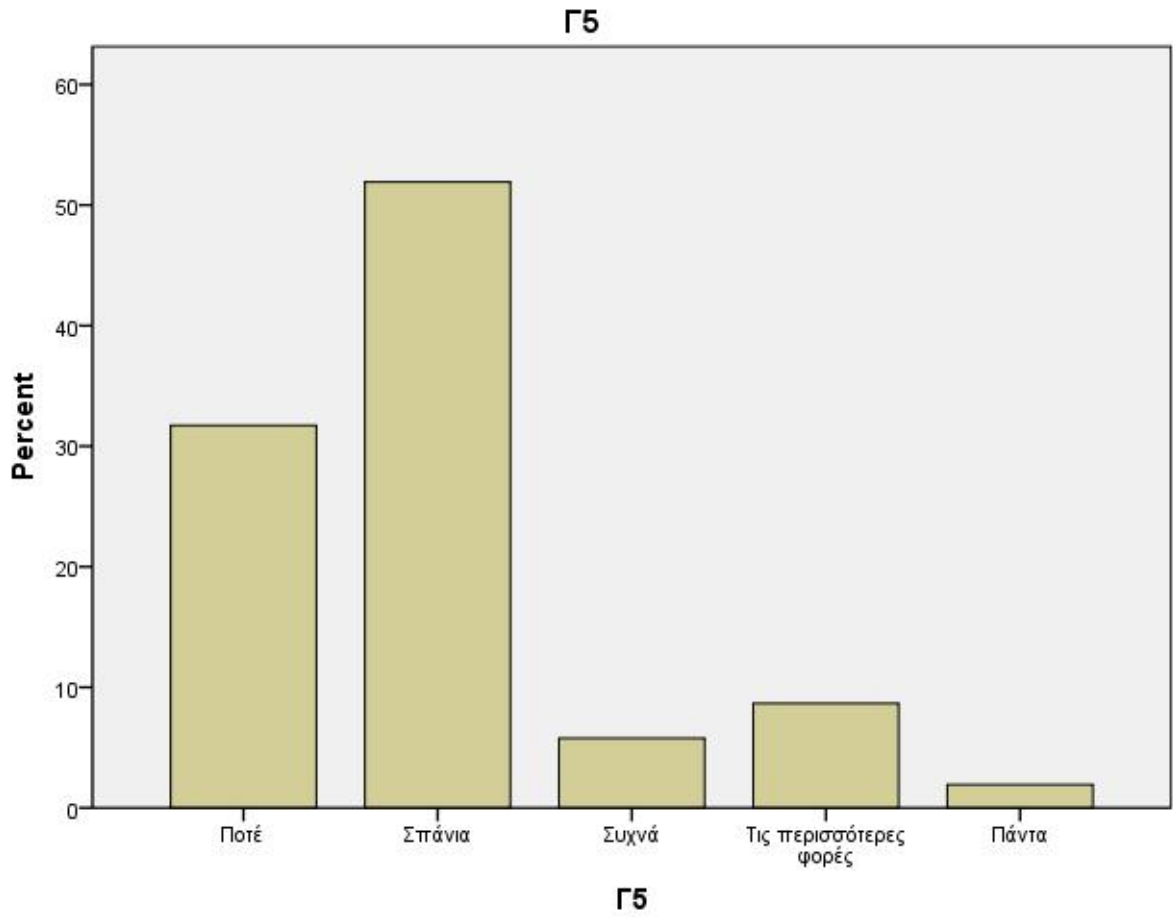
μ

;

	33	31 ,7	31 ,7	31 ,7
	54	51 ,9	51 ,9	83 ,7
	6	5 ,8	5 ,8	89 ,4
	9	8 ,7	8 ,7	98 ,1
	2	1 ,9	1 ,9	100 ,0
	104	100 ,0	100 ,0	

μ

μ



μ

μ

μ

μ

μ

μ

79,8%.

51:

μ

μ

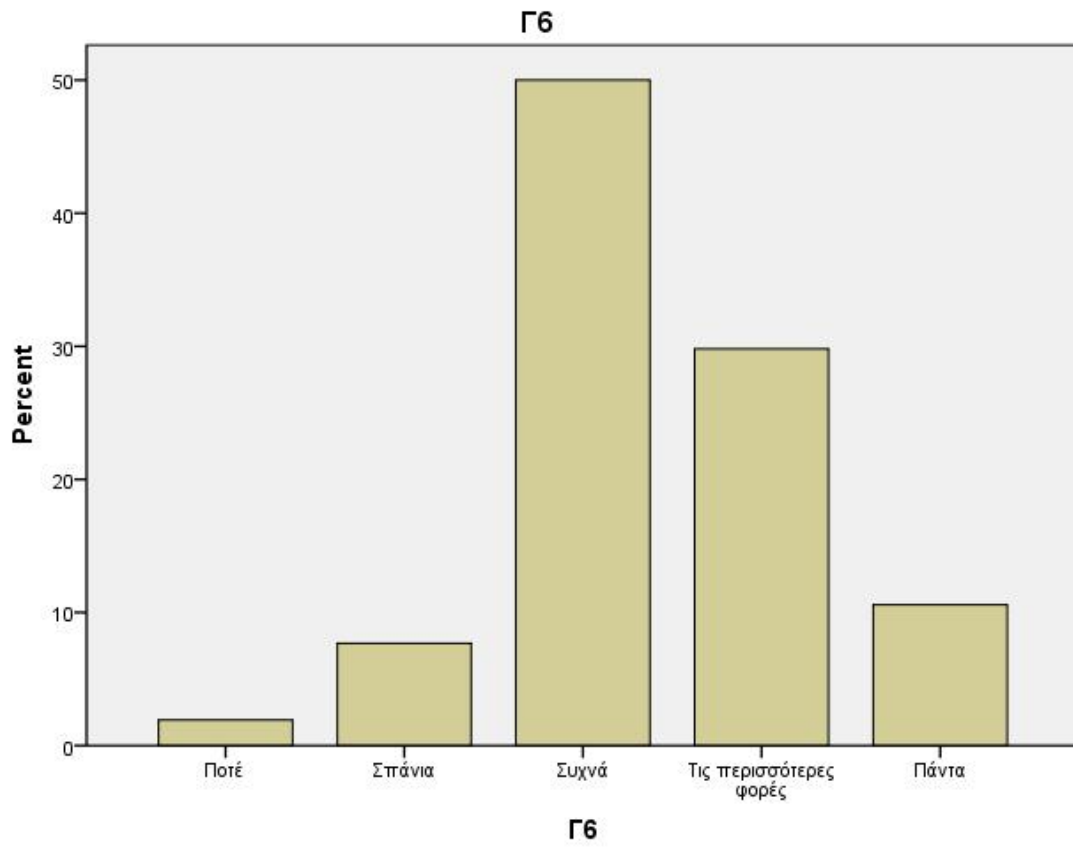
μ

;

μ

μ

	2	1,9	1,9	1,9
	8	7,7	7,7	9,6
	52	50,0	50,0	59,6
	31	29,8	29,8	89,4
	11	10,6	10,6	100,0
	104	100,0	100,0	



μ

μ

μμ

μ 55,8%.

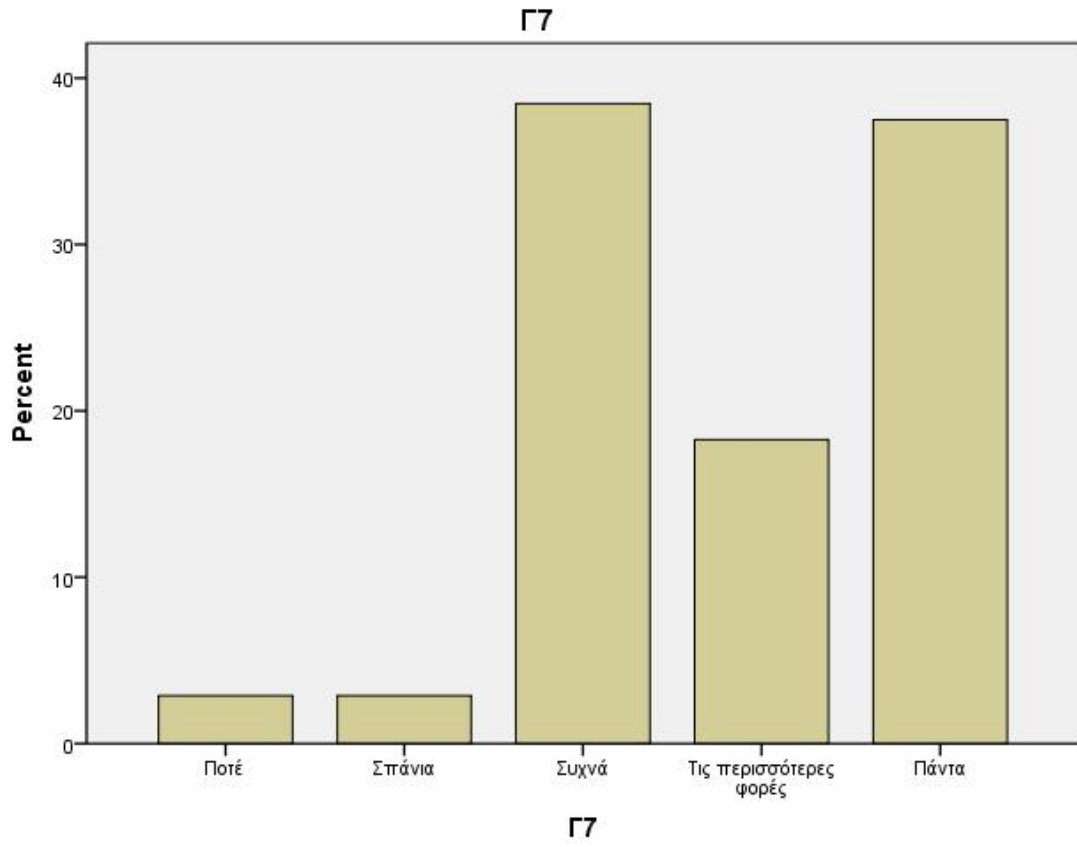
52:

;

	3	2,9	2,9	2,9
	3	2,9	2,9	5,8
	40	38,5	38,5	44,2
	19	18,3	18,3	62,5
	39	37,5	37,5	100,0
	104	100,0	100,0	

μ

μ



μ

μ 50%.

53:

;

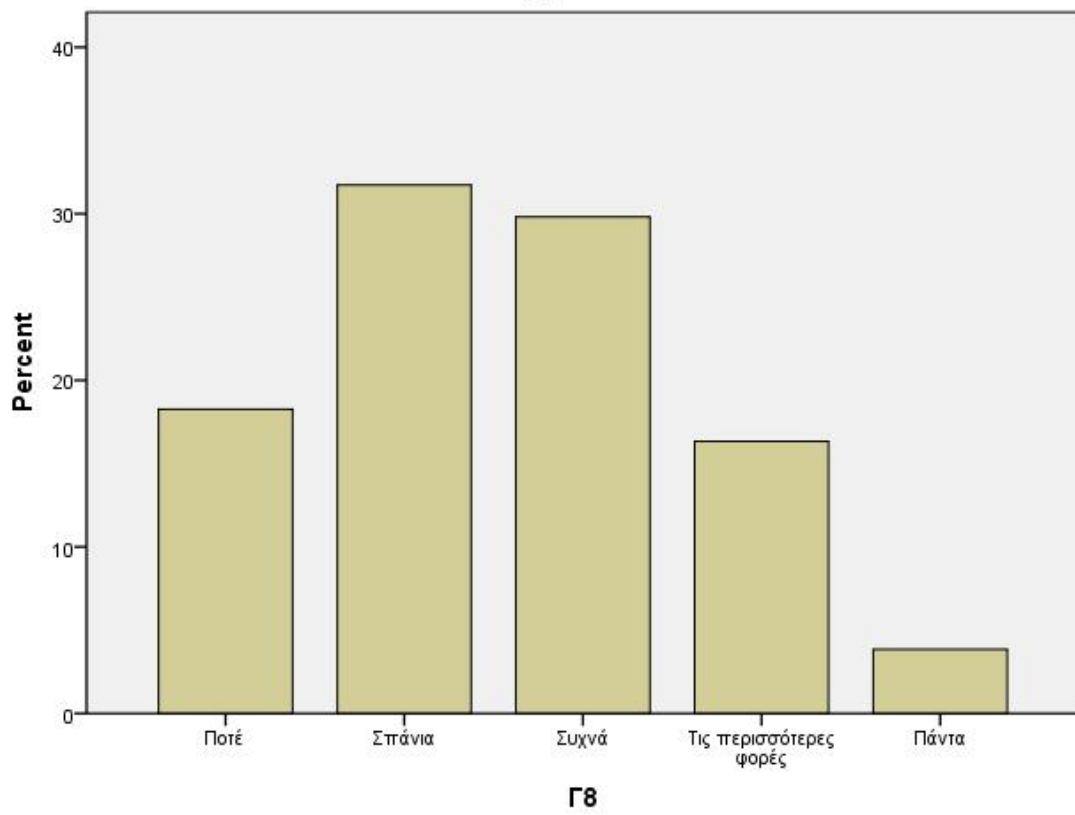
	19	18,3	18,3	18,3
	33	31,7	31,7	50,0

μ

μ

	31	29,8	29,8	79,8
	17	16,3	16,3	96,2
	4	3,8	3,8	100,0
	104	100,0	100,0	

Γ8



μ

μ

μ

μ

μ

47,1%.

54;

,

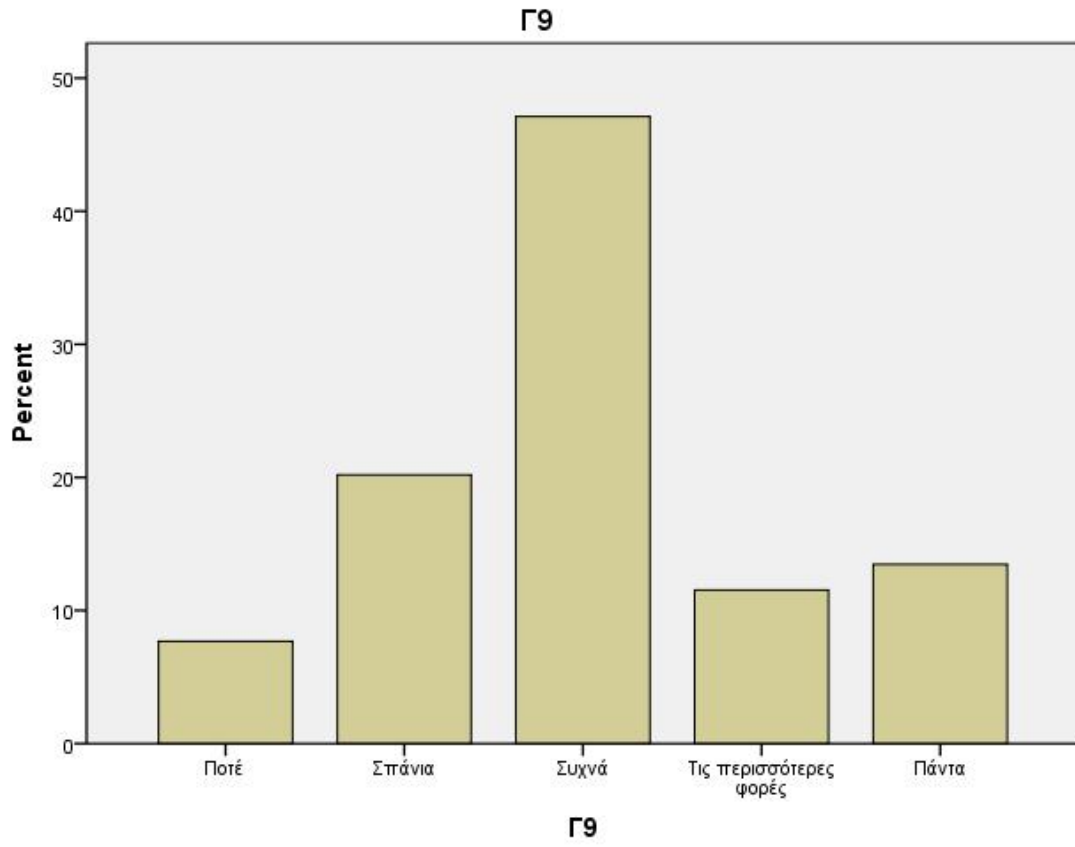
μ

;

	8	7,7	7,7	7,7
	21	20,2	20,2	27,9
	49	47,1	47,1	75,0
	12	11,5	11,5	86,5
	14	13,5	13,5	100,0
	104	100,0	100,0	

μ

μ



μ

μ

μ 68,3%.

55:

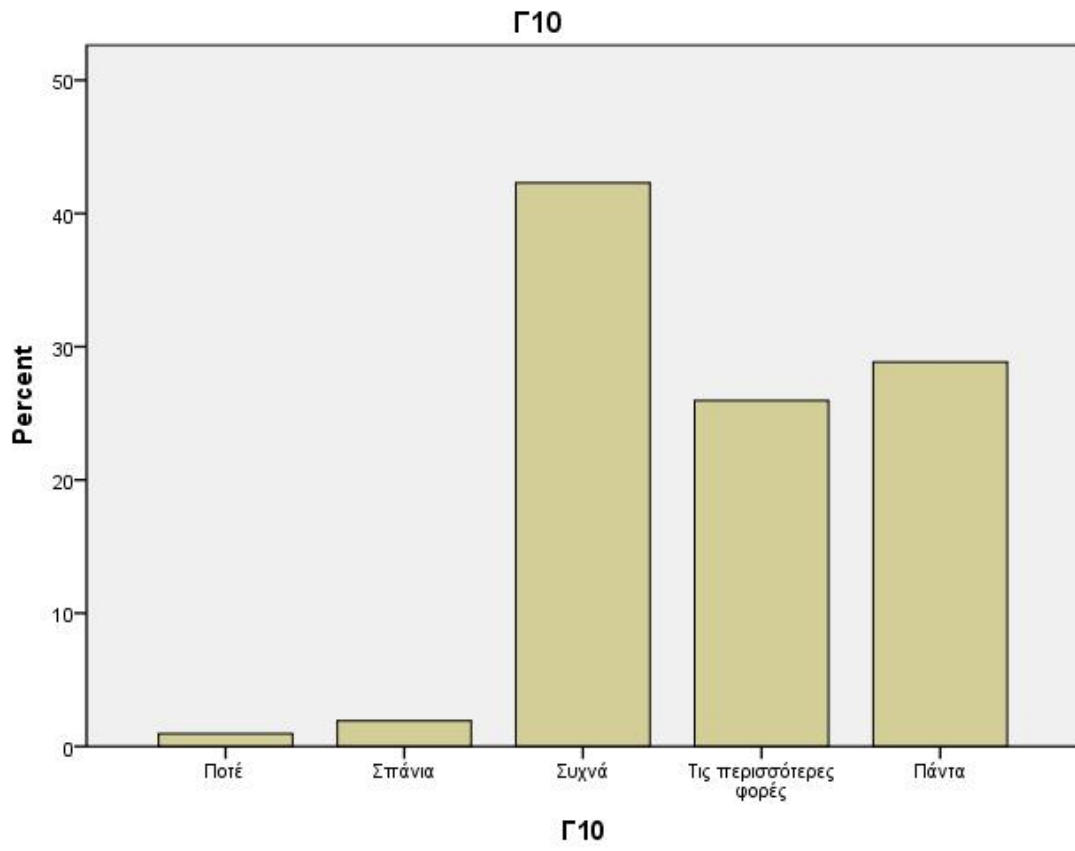
;

	1	1,0	1,0	1,0
	2	1,9	1,9	2,9

μ

μ

	44	42,3	42,3	45,2
	27	26,0	26,0	71,2
	30	28,8	28,8	100,0
	104	100,0	100,0	



μ

μ

μ

μ

μ

μ

μ

μ 48 ,1%.

42 ,3%

56:

/ μ

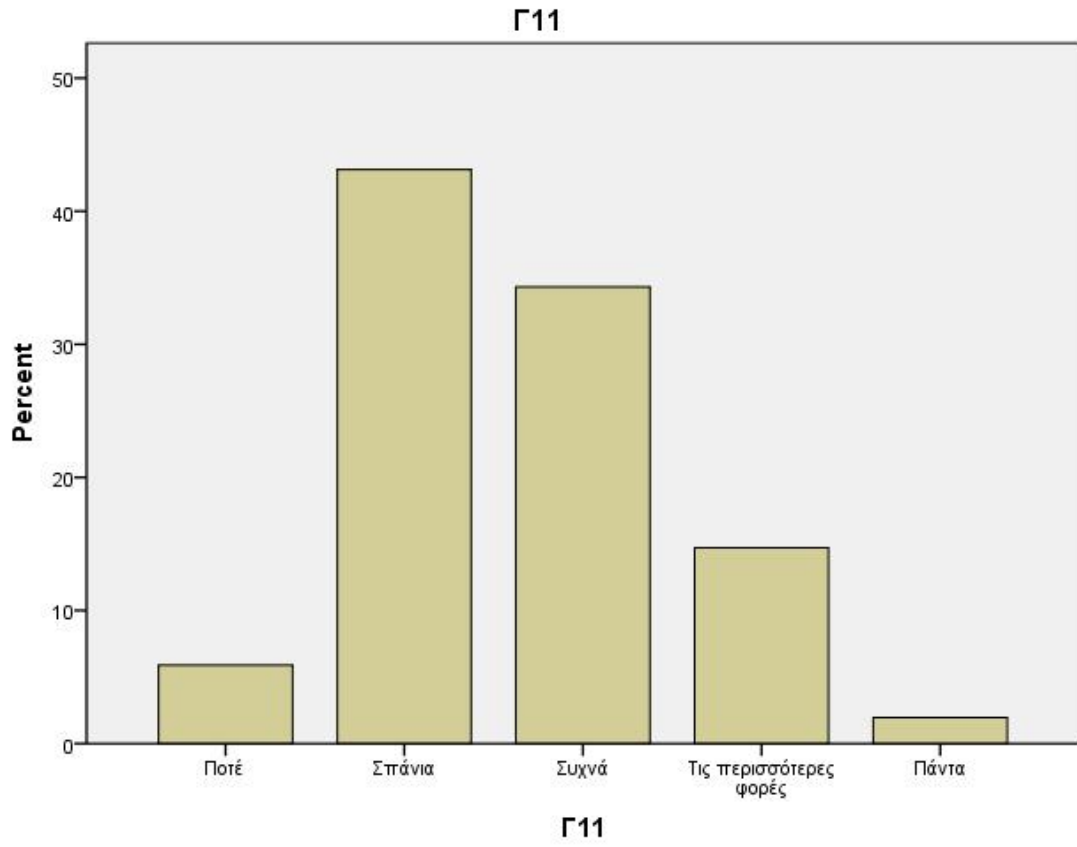
μ

μ ;

	6	5 ,8	5 ,9	5 ,9
	44	42 ,3	43 ,1	49 ,0
	35	33 ,7	34 ,3	83 ,3
	15	14 ,4	14 ,7	98 ,0
	2	1 ,9	2 ,0	100 ,0
	102	98 ,1	100 ,0	
	2	1 ,9		
	104	100 ,0		

μ

μ



μμ

μ

μ

μ

76%.

57:

μ

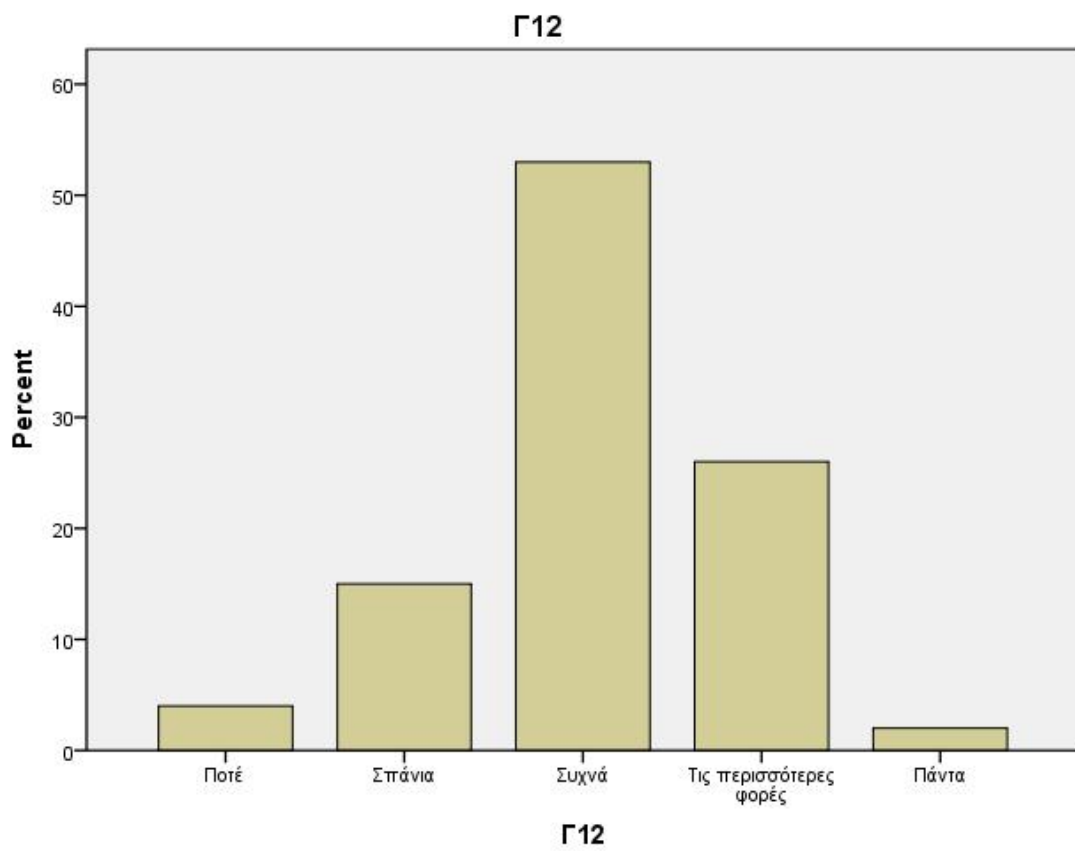
;

	4	3,8	4,0	4,0
	15	14,4	15,0	19,0
	53	51,0	53,0	72,0

μ

μ

	26	25,0	26,0	98,0
	2	1,9	2,0	100,0
	100	96,2	100,0	
	4	3,8		
	104	100,0		



μ

μ

μ

μ

μ

68 ,3%.

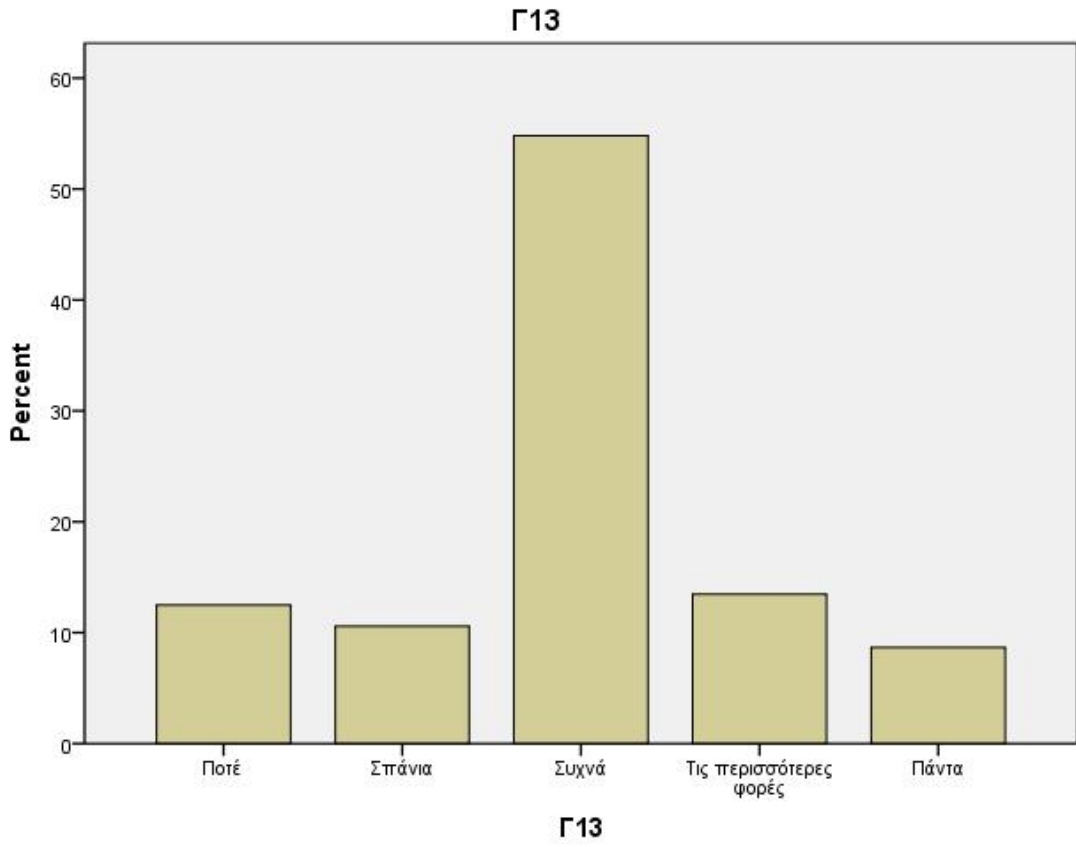
58:

;

	13	12 ,5	12 ,5	12 ,5
	11	10 ,6	10 ,6	23 ,1
	57	54 ,8	54 ,8	77 ,9
	14	13 ,5	13 ,5	91 ,3
	9	8 ,7	8 ,7	100 ,0
	104	100 ,0	100 ,0	

μ

μ



μ

μ

μ

μ

68,3%.

59:

μ

;

	5	4,8	4,8	4,8
	10	9,6	9,6	14,4

μ μ

60:

 $\mu / ;$

	11	10 ,6	10 ,6	10 ,6
	16	15 ,4	15 ,4	26 ,0
$\mu \quad \mu$				
	62	59 ,6	59 ,6	85 ,6
$\mu \quad \mu \quad \mu$				
μ	15	14 ,4	14 ,4	100 ,0
$\mu \quad \mu$				
	104	100 ,0	100 ,0	

μ μ

	N	μ		Sig. (2 - tailed)
μ ;	25 79	4 3 ,1600 ,1139	1,99332 1,81155	,016 ,025
μ / ;	25 79	3 2 ,2400 ,4051	1,50776 1,03179	,002 ,015
;	25 79	2 1 ,1600 ,6962	1,06771 ,92479	,038 ,059
μ / ;	25 79	1 1 ,5200 ,8608	,50990 ,59343	,011 ,008

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